



Putting
Others
First

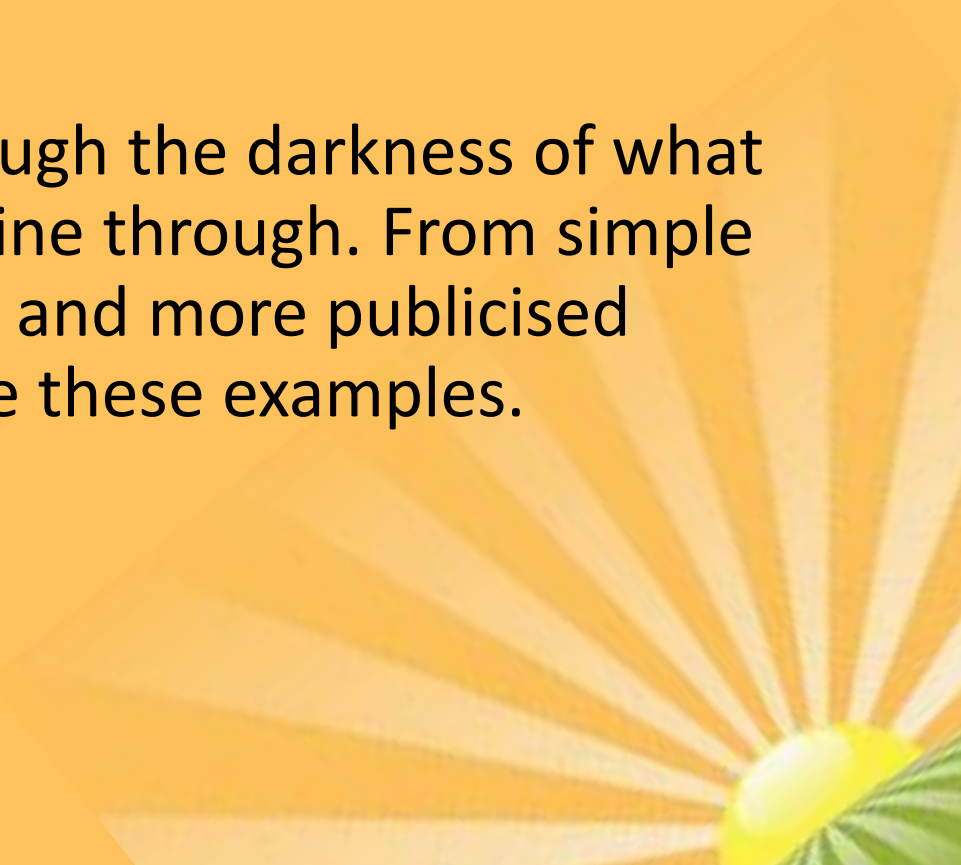
TFCHA
29th
March

What is it

A very simple concept to understand, putting others first is the act of helping others before ourselves. A sacrifice.

This year has been particularly tough, but through the darkness of what has happened there are beams of light that shine through. From simple acts of kindness at a community level to larger and more publicised examples, we don't have to look very far to see these examples.

What examples can you as a form think of?



NHS



All members of the NHS put others before themselves.

During the global pandemic which saw a disease that had a high infection rate spread across the globe, NHS staff went into work and helped save lives.

What a truly selfless act.

Key Workers

Key worker across the country kept working throughout the pandemic to keep Britain moving. How many “Key Worker” roles can you name?

Capt Tom Moore

A simple plan. At 99 years old, Capt Tom Moore wanted to walk 100 laps of his garden to try to raise £1000 for the NHS.

A number 1 single, knighthood and many media appearances later, Capt Tom has raised a total that surpassed £30 million.

Capt Tom Moore has sadly passed away, but he gave the final year of his life to raise this money which would help others.



Your Parent's, Carers and Family Members

Have you ever thought about how often your parents/carers put you before them?

Parents/carers and other family members often put family members first. This form of sacrifice happens every day.

Can you think of times it has been done for you?



What about you?

An example of us all putting others first is the lockdown periods we have experienced. We all stayed home so that we protected the elderly, the NHS and each other.

We have all changed how we act to try to prevent the spread of Covid-19.

discussion time!

Can you think of other examples?



What about our Vision and Values

Compassion
Self-discipline Love
Honesty Forgiveness
Respect Hope

At CHA putting others first is at the heart of what we do.

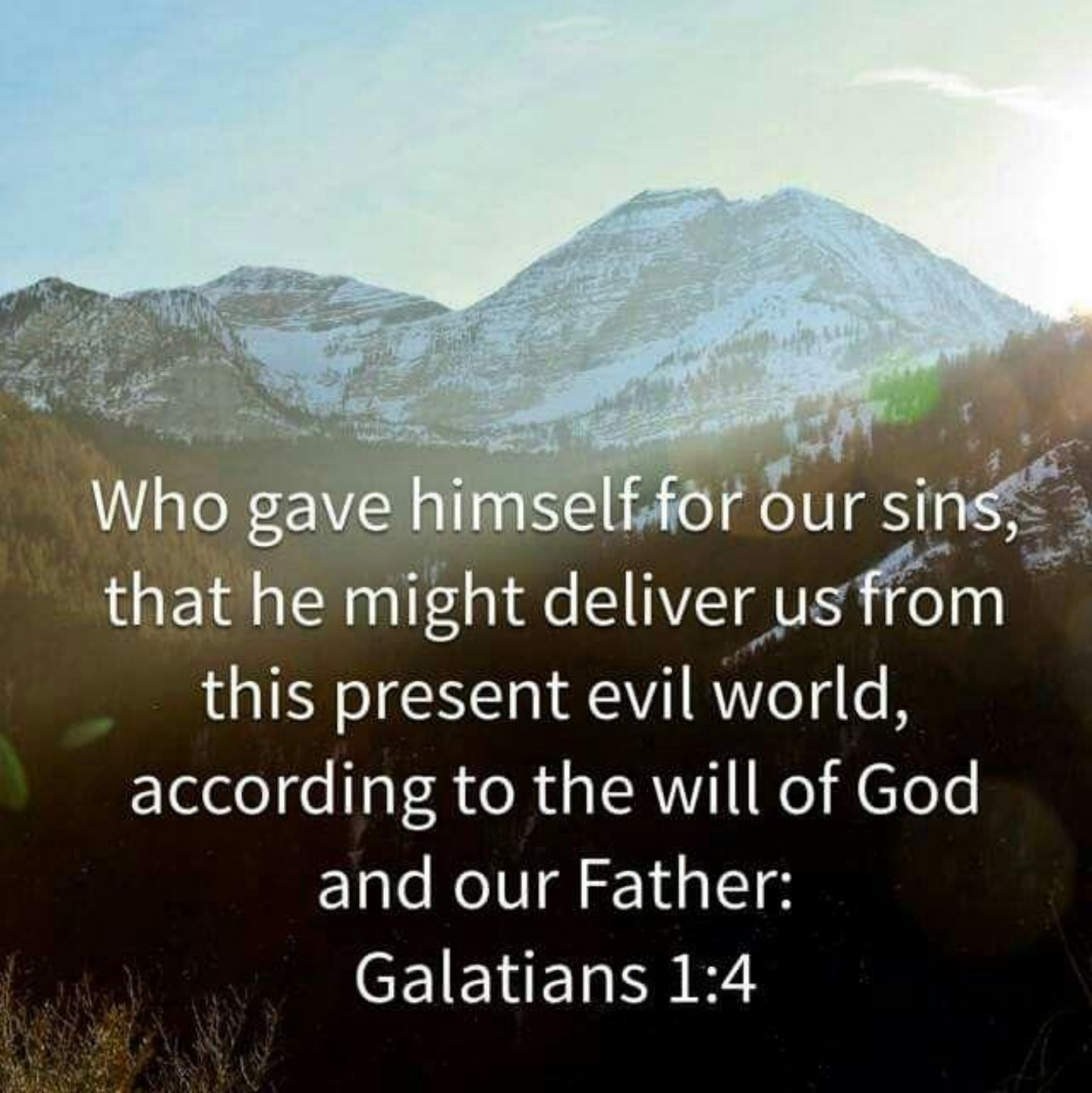
Our 7 values are the foundations of our behaviour at the school.

How many of them are about putting others first?

In the Bible

The bible is full of references to selflessness, acts of kindness & examples of putting people before yourself.

This week is Good Friday. This is the day Jesus was crucified on the cross. The bible says that Jesus gave himself for our sins or to bear our sins. “gave himself for our sins” (Galatians 1:4).



Who gave himself for our sins,
that he might deliver us from
this present evil world,
according to the will of God
and our Father:
Galatians 1:4

Reflection

We ask that we are given the strength and selflessness to put others first, and hope that in times of need we are afforded the same selfless acts.

We ask that when times are tough we are able to see brighter days ahead and have the faith that in helping others they will, in turn, help us.

We thank Jesus for his ultimate sacrifice, giving himself
for our sins. Amen