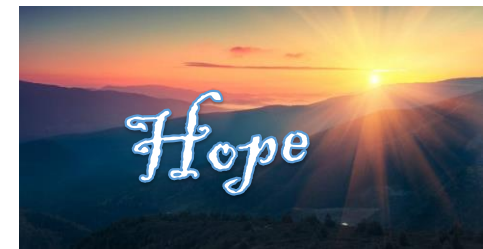


A scenic landscape at sunrise or sunset. The sun is low on the horizon, casting a warm, golden glow across the sky and illuminating the mountains. The foreground is in shadow, showing dark green trees and rolling hills. The word "Hope" is written in a large, white, cursive font across the center of the image.

Hope

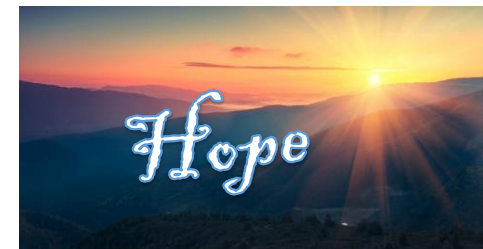
**Thought for CHA – 6 June 2022**

How many examples of the use of the word 'hope' can you think of?



How many examples of the use of the word 'hope' can you think of?

Did they match with the definitions of hope and examples given on the next slide?



## Hope as a verb:

to want something to happen or to be true, and usually have a good reason to think that it might:

*I'm hoping for an interview next week.*

*She's hoping (that) she won't be away too long.*

*I hope (that) she'll win.*

*They hope to visit us next year.*

*"Will you be at the meeting tomorrow?" "I hope not/so".*

## Hope as a noun:

something good that you want to happen in the future, or a confident feeling about what will happen in the future:

*What are your hopes and dreams for the future?*

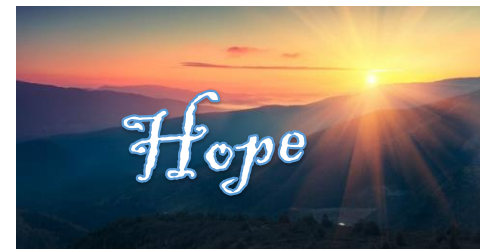
*Is there any hope that they will be home in time?*

*They have pinned all their hopes on their new player.*

*The letter offered us ray of hope.*

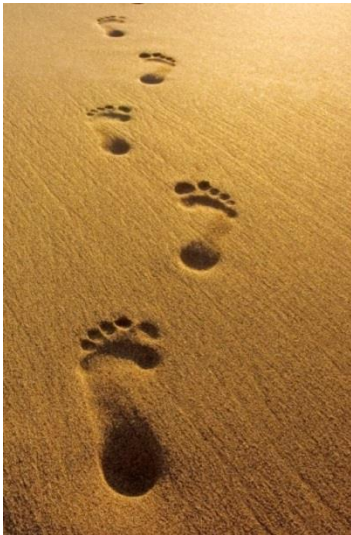
*I didn't phone until four o'clock in the hope that you'd be finished.*

*I don't hold out much hope of getting a ticket.*



# Hope is one of our values at CHA

Hope means feeling positive about the future. Through all that we are and do as a community we create hope for the future together.



Footprints in the Sand

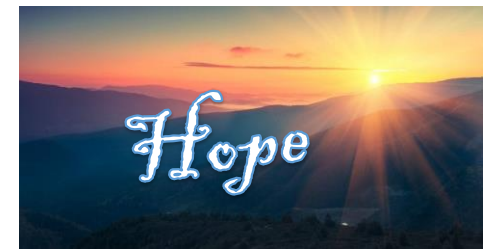
<https://www.youtube.com/watch?v=Xc5EKXTI300>

“We are hoping for something we do not have yet, and we are waiting for it patiently”

(Romans 8:25)

*“As for those who believe and do right actions, the All-Merciful will bestow His love on them.”*

*(Qur’an, 19:96)*



ONCE YOU CHOOSE

HOPE

ANYTHING IS POSSIBLE

*Christopher Reeve*

[www.dailyinspirationalquotes.in](http://www.dailyinspirationalquotes.in)

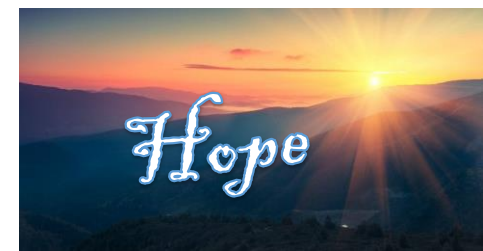
Discuss this statement.

Do you agree? Why?

Do you disagree? Why?

How are your answers influenced by personal experience?

Can you see how people might think differently?

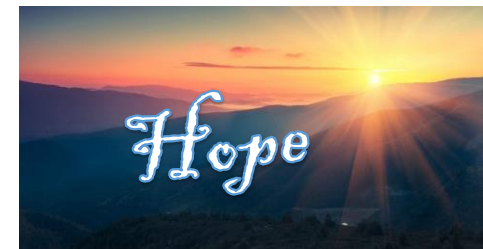


**Hope is being  
able to see that  
there is light  
despite all of the  
darkness.**

— *Desmond Tutu*

What do you think about  
this statement?

How much do you know  
about Desmond Tutu?



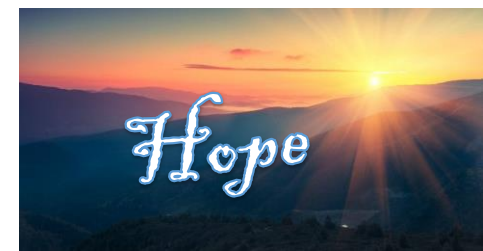
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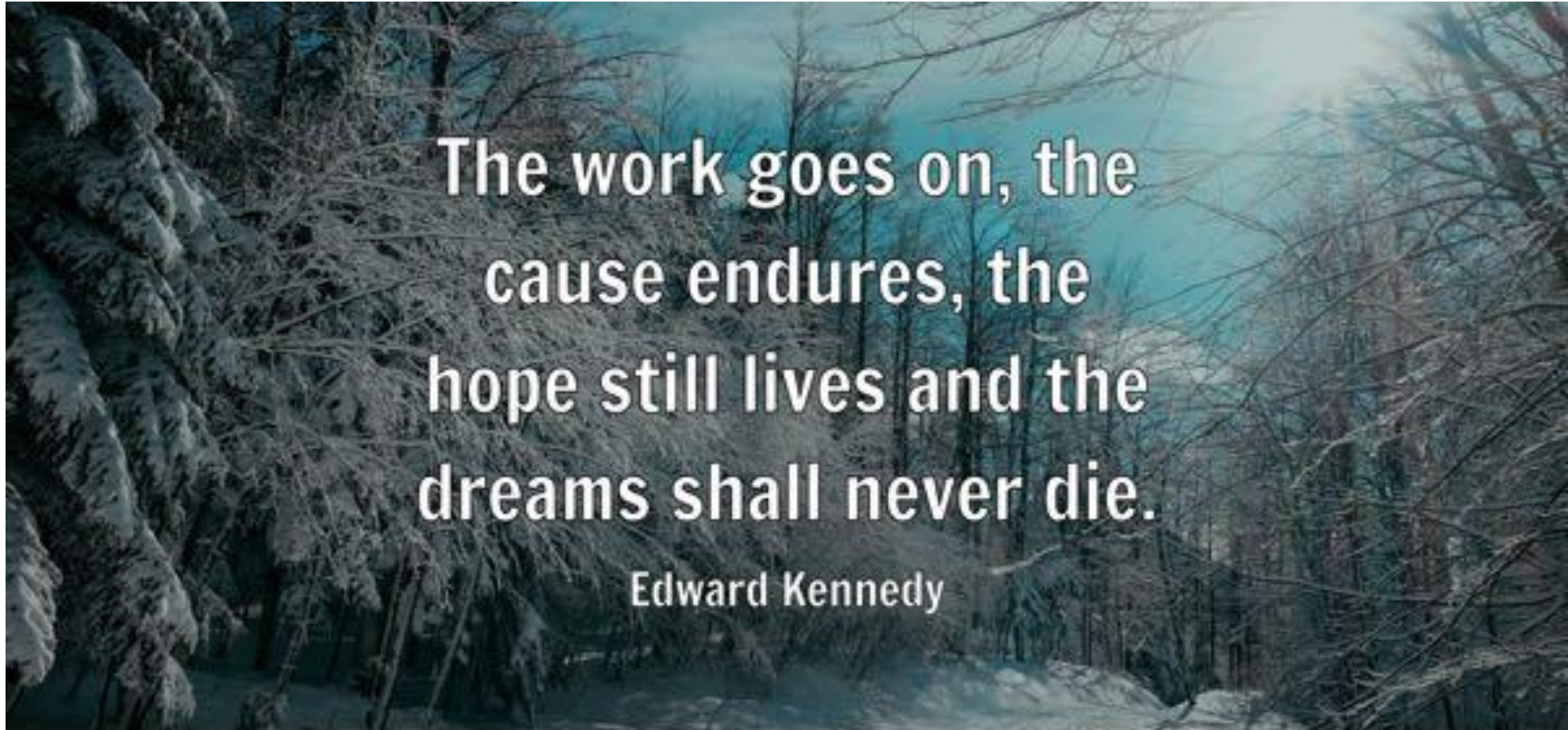
How much do you know about Desmond Tutu?

is one of South Africa's most well-known human rights activists, winning the 1984 Nobel Peace Prize for his efforts in resolving and **ending** apartheid. Born in 1931 in Klerksdorp, Transvaal, South Africa, he became the first Black Anglican Archbishop of both Cape Town and Johannesburg.

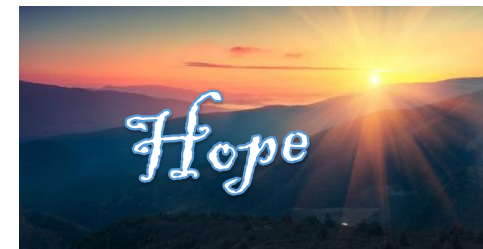
He emphasized nonviolent means of protest and encouraged the application of economic pressure by countries dealing with South Africa.







Reflect on this statement and consider how it might affect your attitude to failure



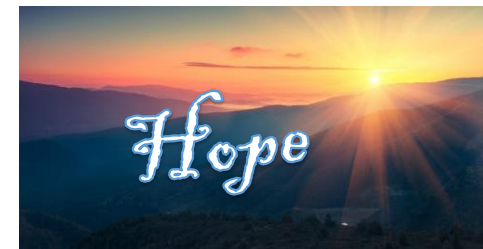
# hope

If you only carry one thing throughout your entire life, let it be hope. Let it be hope that better things are always ahead. Let it be hope that you can get through even the toughest of times. Let it be hope that you are stronger than any challenge that comes your way. Let it be hope that you are exactly where you are meant to be right now, and that you are on the path to where you are meant to be... Because during these times, hope will be the very thing that carries you through.

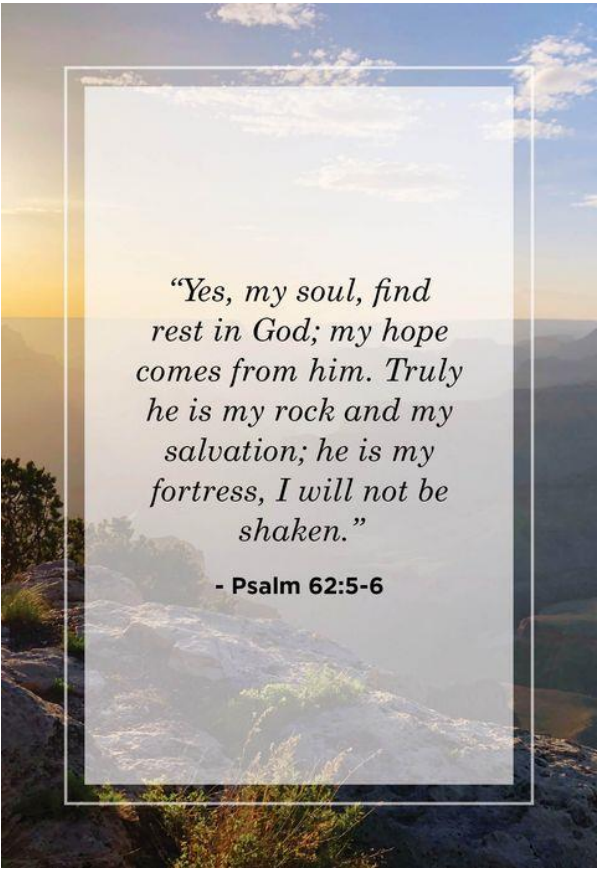
- *Nikki Banas*

Reflect on this thought.

Will this help when you are struggling?

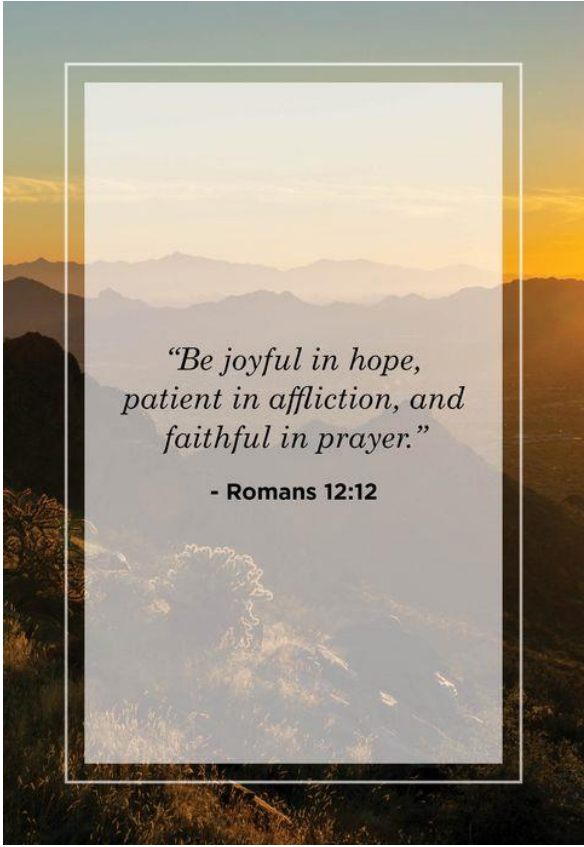


## Some verses from the Bible about hope



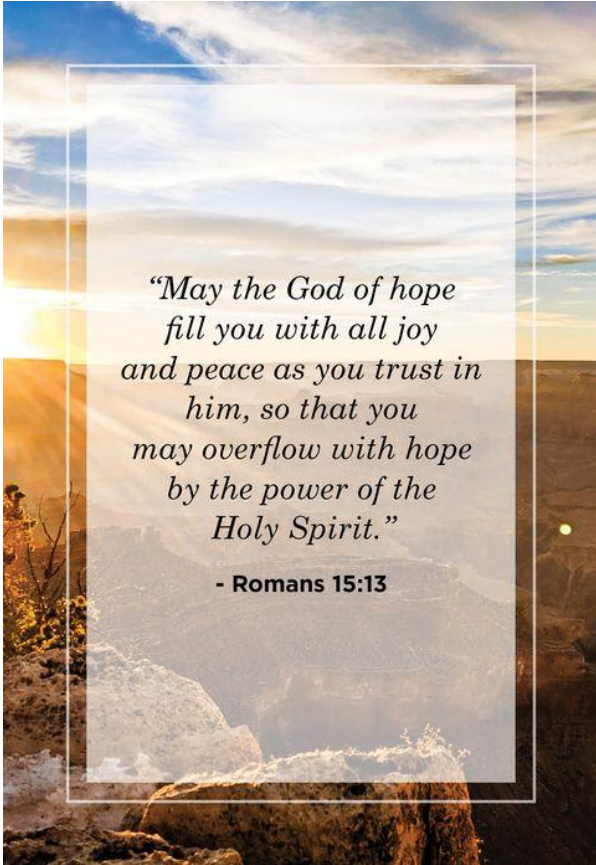
*"Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken."*

**- Psalm 62:5-6**



*"Be joyful in hope, patient in affliction, and faithful in prayer."*

**- Romans 12:12**



*"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."*

**- Romans 15:13**

Christians believe that God gives them a certain hope for the future, even beyond death.

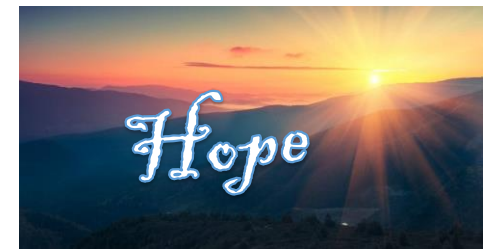


Hope

# What does the Quran say about 'hope'?

Some Quranic verses and a hadith that reflect the Islamic view about "Hope."

- *...And whosoever fears Allah...He will make a way for him to get out (from every difficulty). And He will provide him from (sources) he never could imagine.*  
*Quran 65:2-3*
- *...After a difficulty, Allah will soon grant relief.*  
*Quran 65:7*
- *So, verily, with every difficulty, there is relief: Verily with every difficulty there is relief. Therefore, when you are free (from your immediate task), still labour hard. And to your Lord turn (all) your attention.*  
*Quran 94:5-7*



From the Old Testament of the Bible. This verse gives Christians hope.

DailyVerses.net

For I know the plans I have for you,  
declares the LORD, plans to prosper you  
and not to harm you, plans to give you  
hope and a future.

**Jeremiah 29:11**

