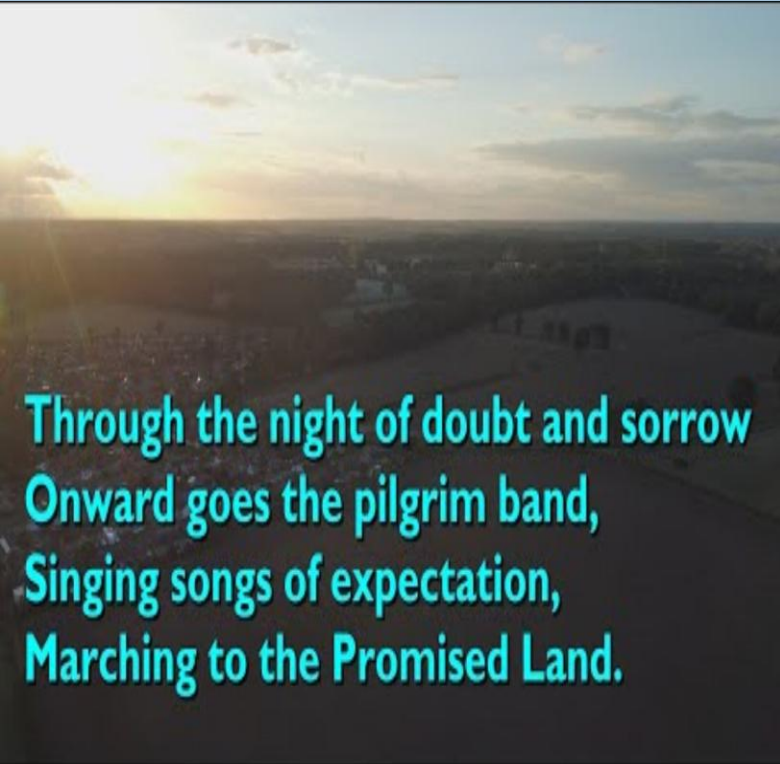


November and international Men's Day



1 Through the night of doubt and sorrow
onward goes the pilgrim band,
singing songs of expectation,
marching to the promised land.

Pilgrim; a person who journeys to a sacred place through all conditions

1 Through the night of doubt and sorrow
onward goes the pilgrim band,
singing songs of expectation,
marching to the promised land.

SACRED; A place or person deserving praise



CHA Value - Compassion

International Men's Day

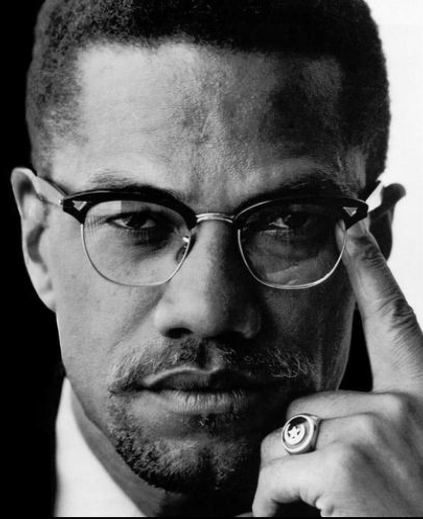
INDEPENDENTLY REFLECT:

Which of these 4
quotes do you
identify with the
most?

Why?

A MAN WHO
STANDS FOR
NOTHING
WILL FALL FOR
ANYTHING.

MALCOLM X



The measure of a man's character is
not determined by how he handles his
wins, but how he handles his failures.

Bill Courtney

quote-ency



"IT IS NOT DEATH THAT A
MAN SHOULD FEAR, BUT HE
SHOULD FEAR NEVER
BEGINNING TO LIVE."

MARCUS AURELIUS

THE GOAL IS NOT TO
BE BETTER THAN THE
OTHER MAN,

BUT YOUR PREVIOUS
SELF.

QUOTES BY
DALAI LAMA



The three core themes for International Men's Day in the UK are:

- Making a positive difference to the wellbeing and lives of men and boys
- Raising awareness and/or funds for charities supporting men and boys' wellbeing
- Promoting a positive conversation about men, manhood and masculinity



Why do we need to have a TfCHA on Men?

● INTERNATIONAL **MENSDAY** November 19

BECAUSE

76% OF SUICIDES ARE MEN

85% OF HOMELESS ARE MEN

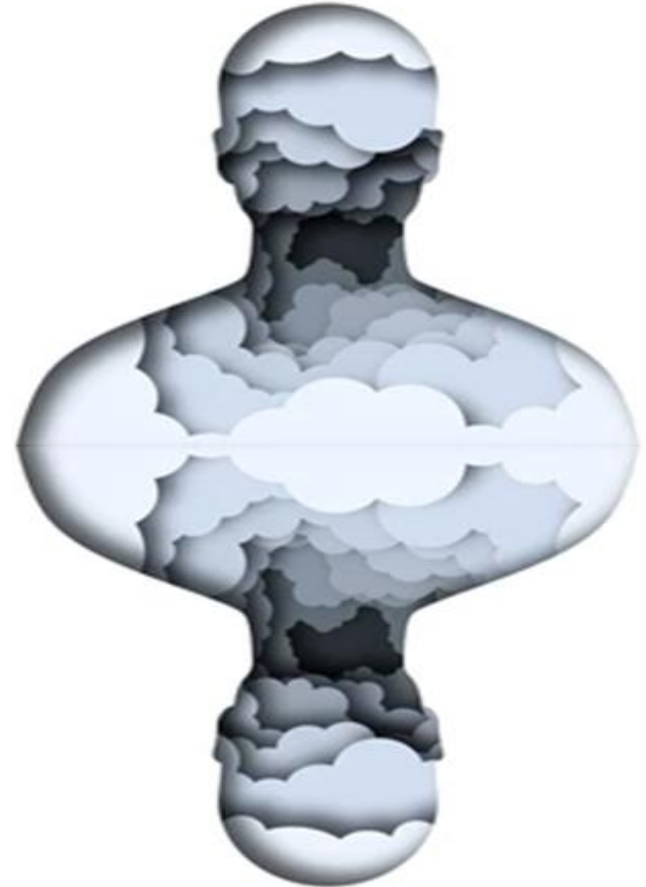
70% OF HOMICIDE VICTIMS ARE MEN

40% OF DOMESTIC ABUSE VICTIMS ARE MEN

MEN ARE THE MAJORITY VICTIMS OF VIOLENT CRIME

MEN ON AVERAGE SERVE 64% LONGER IN PRISON

**MEN ON AVERAGE ARE 3.4X MORE LIKELY TO BE IMPRISONED
THAN WOMEN WHEN BOTH COMMITTED THE SAME CRIME**



What does it mean to be a man?



What does it mean to you?

What isn't being a man?

Toxic Masculinity

- Masculine traits that are considered 'toxic' include:
- Using or threatening violence.
- Controlling others.
- Acting aggressively.
- Suppressing emotions.
- Trying to appear 'tough'
- Treating sex as a competition.
- Feeling entitled to sex from others.
- Using power over women, 'weaker' men, and marginalised groups.



Toxic masculinity hurts men, but there's a big difference between women dealing with the constant threat of being raped, beaten, and killed by the men in their lives, and men not being able to cry.

— Robert Jensen —

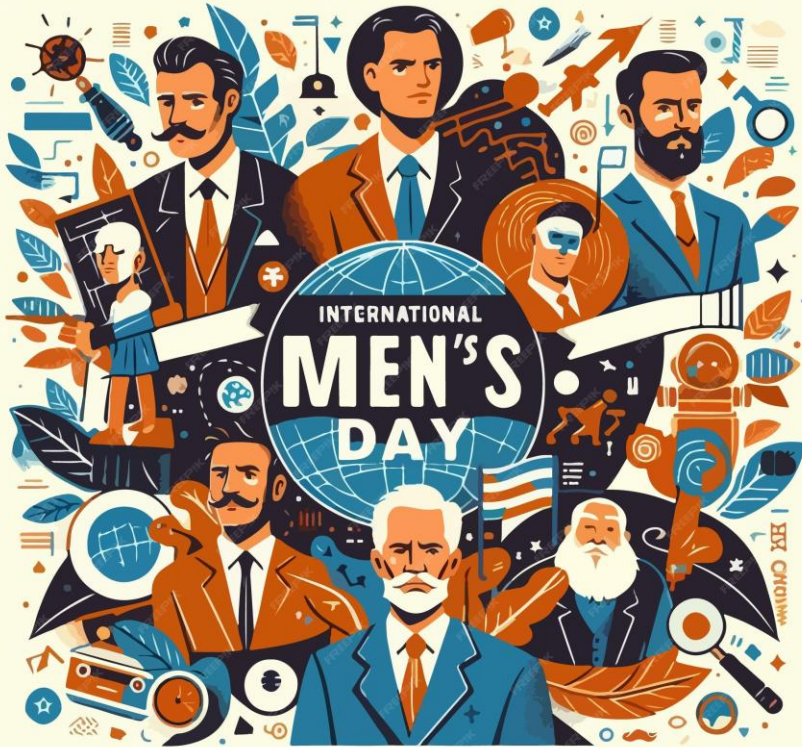
Toxic masculinity is a term that has been gaining traction in the past few years. This term refers to the dominant form of masculinity wherein men use dominance, violence, and control to assert their power and superiority.

When someone says 'Be a man'!
What does that even mean?



**For more information
& how to get involved:**

<https://ukmensday.org.uk/>



Prayer for International Men's Day

Compassionate God,
who sent Jesus Christ

to deliver us from a manner of injustices and inequalities,
create in us new hearts and enlarged visions,
to see the image of God in every person irrespective of background, race
and ethnicity,

May we be generous in our love of others as we work towards being kind to
all, creating caring communities

Let us be thankful for our open minds and kindness.

Let us embody our values and strive to be a good friend.

We thank you, Lord, for enriching our lives

Amen