




Honesty



What is honesty?

- Maybe this is easier to understand if we look at what honesty is not.
- Come up with as many ways of describing dishonesty?
- How many of these did you get?
- Fake, lies, deceit, untrustworthy, bad, cheat, thief, disloyal,.....



Honesty

- The dictionary definition of honesty is:
- when you speak the truth and act truthfully.
- Does this mean you cannot lie?
- No, if what you say you honestly believe to be the truth.


Honesty

- It is also this....
- a European plant with purple or white flowers and round, flat, translucent seed pods which are used for indoor flower Arrangements.






Examples of honesty?

- Owing up to a fault
 - Not cheating in a test by looking at another student's answers
 - Describing something accurately (even if this is a negative description)
 - Being true to yourself.
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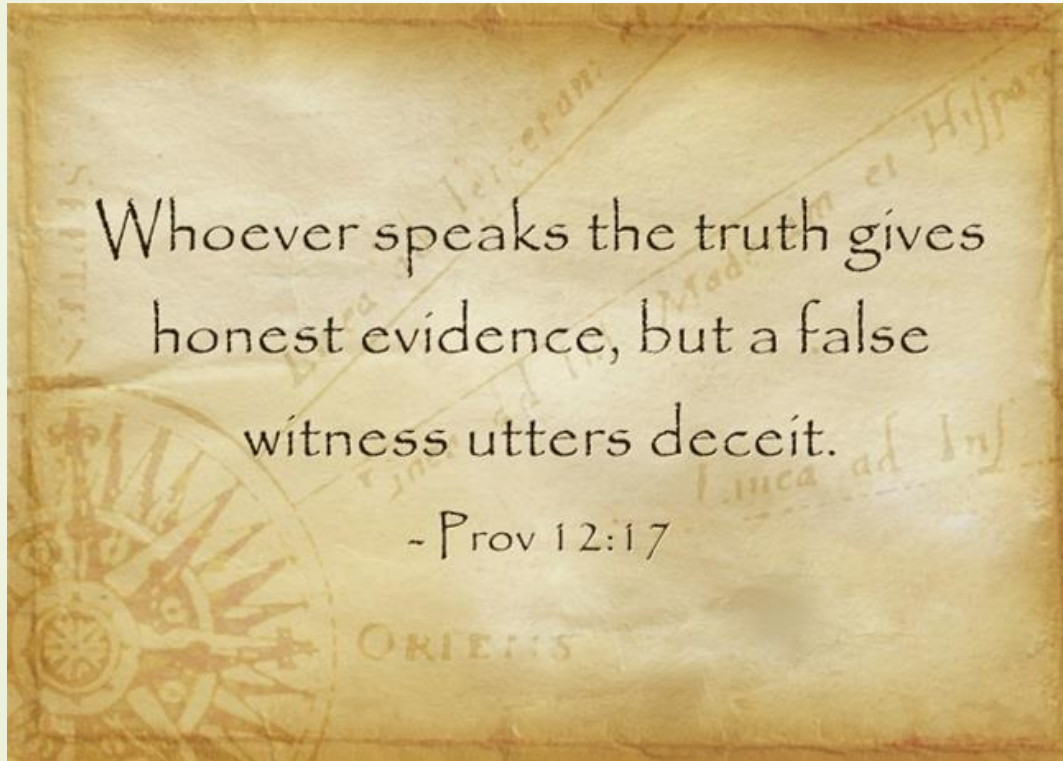


Why is it important to be honest?

- Being honest promotes openness, is empowering, makes us consistent.
 - It has also been found to be a factor in mental wellbeing as it promotes a healthy mindset.
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What does the bible say about honesty?



Matthew 5:37 "Let what you say be simply 'Yes' or 'No'; anything more than this comes from evil."

Colossians 3:9 "Do not lie to one another, seeing that you have put off the old self with its practices."



A prayer.

Lord,

Make me honest, genuine, free from the pride and fear that distorts truthfulness. To be without pretensions and allow others to be themselves.

