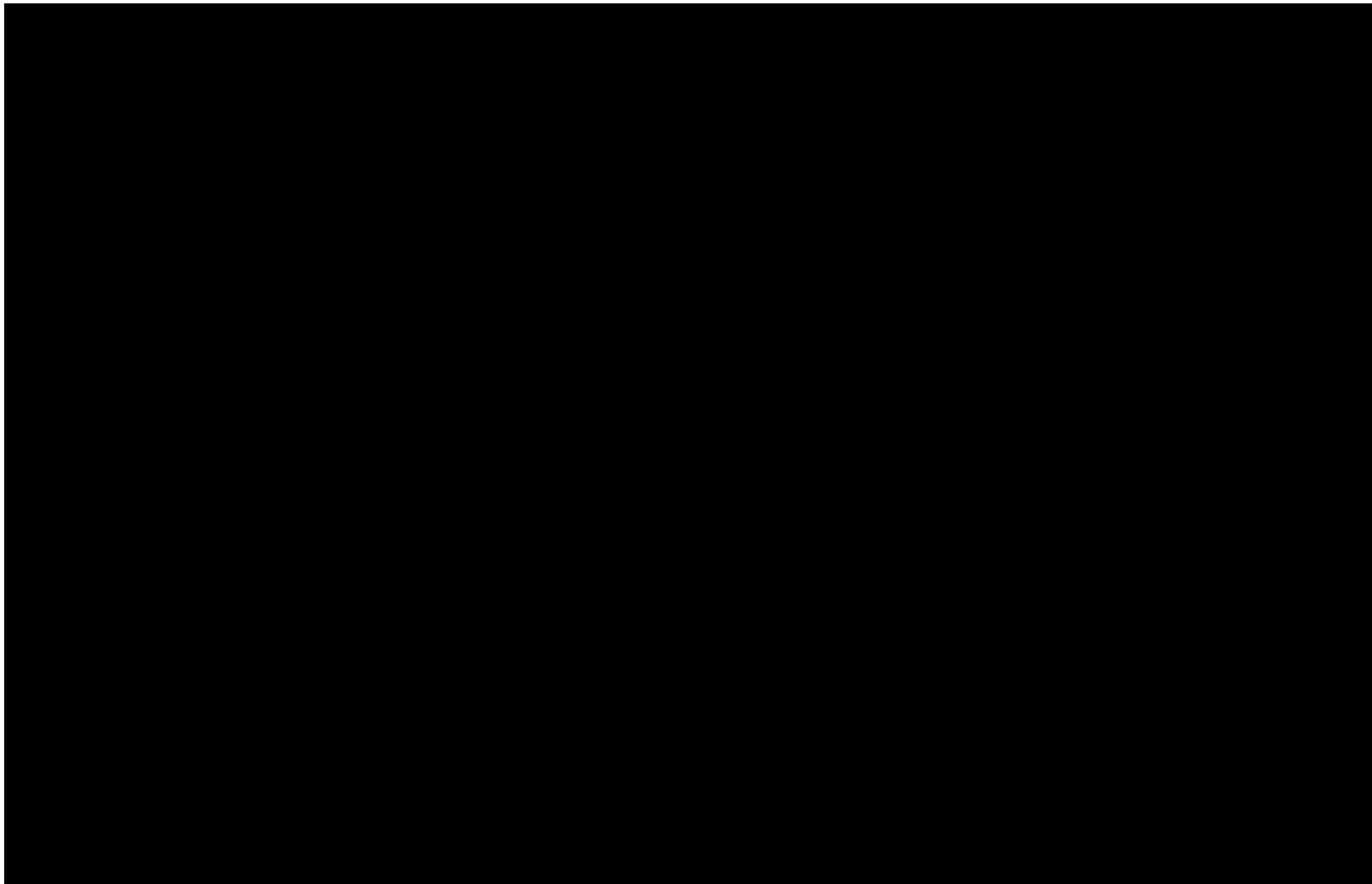


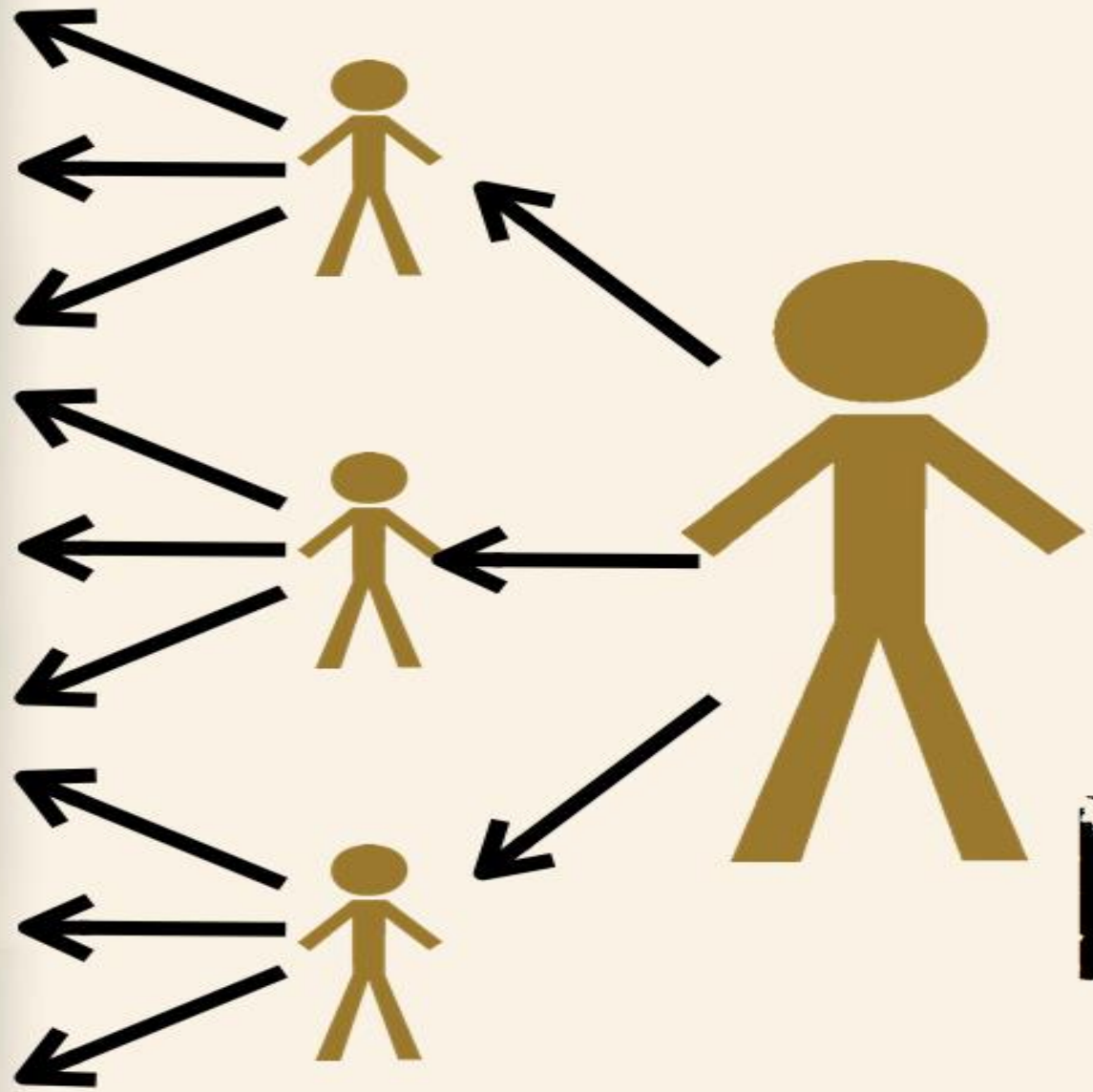
Helping Others

Pay It Forward





https://www.youtube.com/watch?feature=player_embedded&v=N0HTneOLrEc



Pay

it

Forward

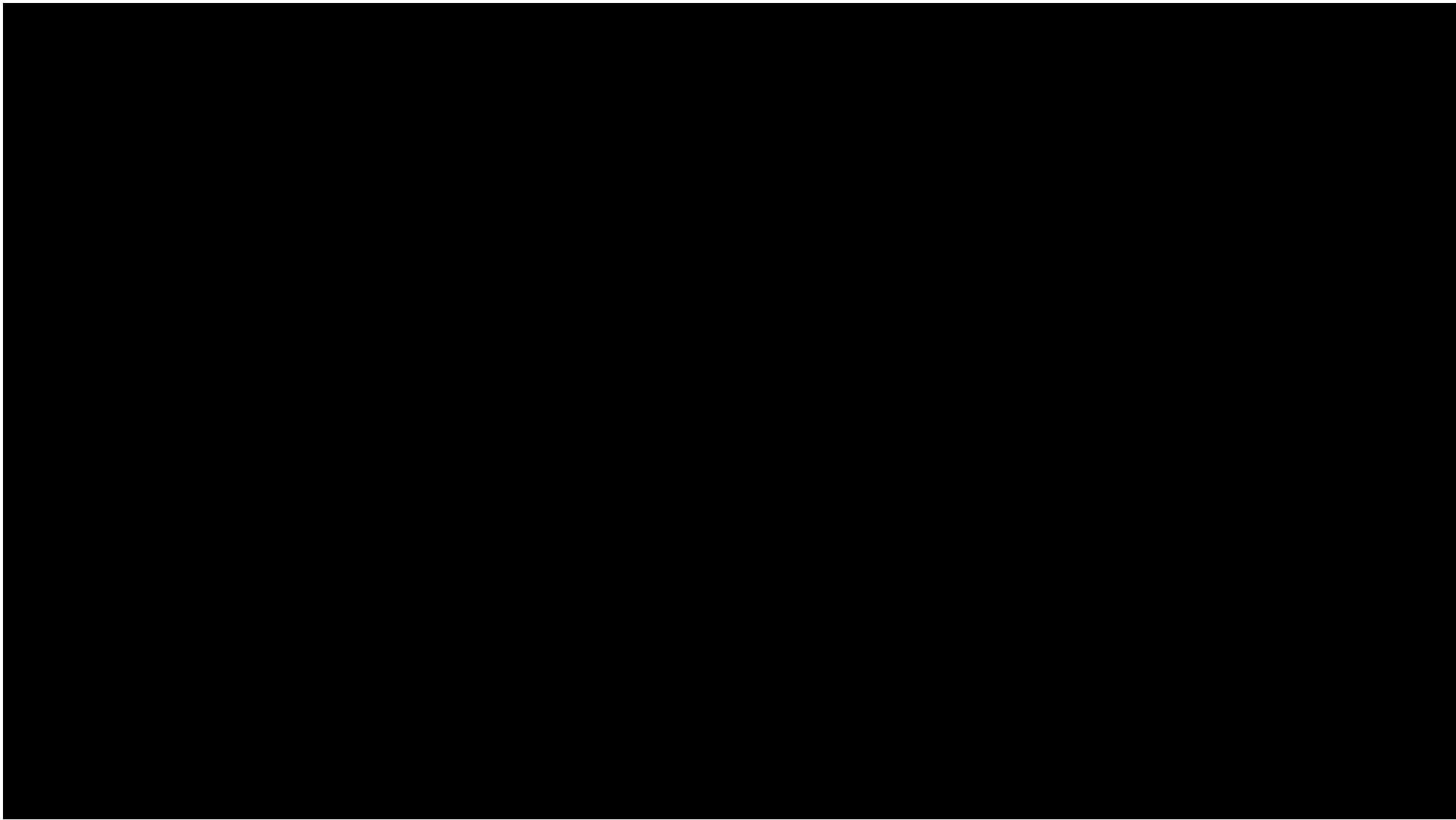
INTERNATIONALLY BESTSELLING AUTHOR
CATHERINE RYAN HYDE
YOUNG READERS EDITION



“I believe that if just one of the people I help does the same for another person then it has made a difference to the world.

If I can help anyone in some small way, whether that be opening a door for a lady who has her hands full with shopping, directing a lost tourist, informing an elderly man as to when the next bus will arrive or even just saying “thank-you” and smiling at a sales assistant who appears to have had a bad day, I know that my small favours somehow, somewhere make a difference, and that’s enough for me.

**Don’t pay it back – pay it forward.
The world may not change, but you
can.”**



<https://www.youtube.com/watch?v=GJeWFoKZ63U>



*“What are the little things **you** could do every day to make a difference to the lives of others?”*



Students at CHA who have made a difference

Isabel Bateman in Year 11 spent Christmas Day at a nursing home for the elderly to ensure people would not be alone on Christmas.

Two years ago, Melusi Ndoro (6th Form) performed CPR (cardiopulmonary resuscitation) on a lady who had collapsed in Chesham.

He possibly saved her life.

Edie Greenwood and Elyse Bolton (Y9) were late for school one day. A lady had been having difficulties crossing a road in Chesham and seemed confused. Some impatient drivers were even hooting their horns at her making it worse. The girls helped her across the road and stayed with her until she was recovered enough to carry on.

Students at CHA who have made a difference

**Do you know of anyone else at CHA
who have made a difference?**

How have you made a difference?

what
will **you**
do today?




One *goal* for this week is to help another person and pay it forward.



what
will **you**
do today?






"A kind gesture can reach a wound that only compassion can heal!"

- Steve Maraboli

Matthew 5:16 *In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.*

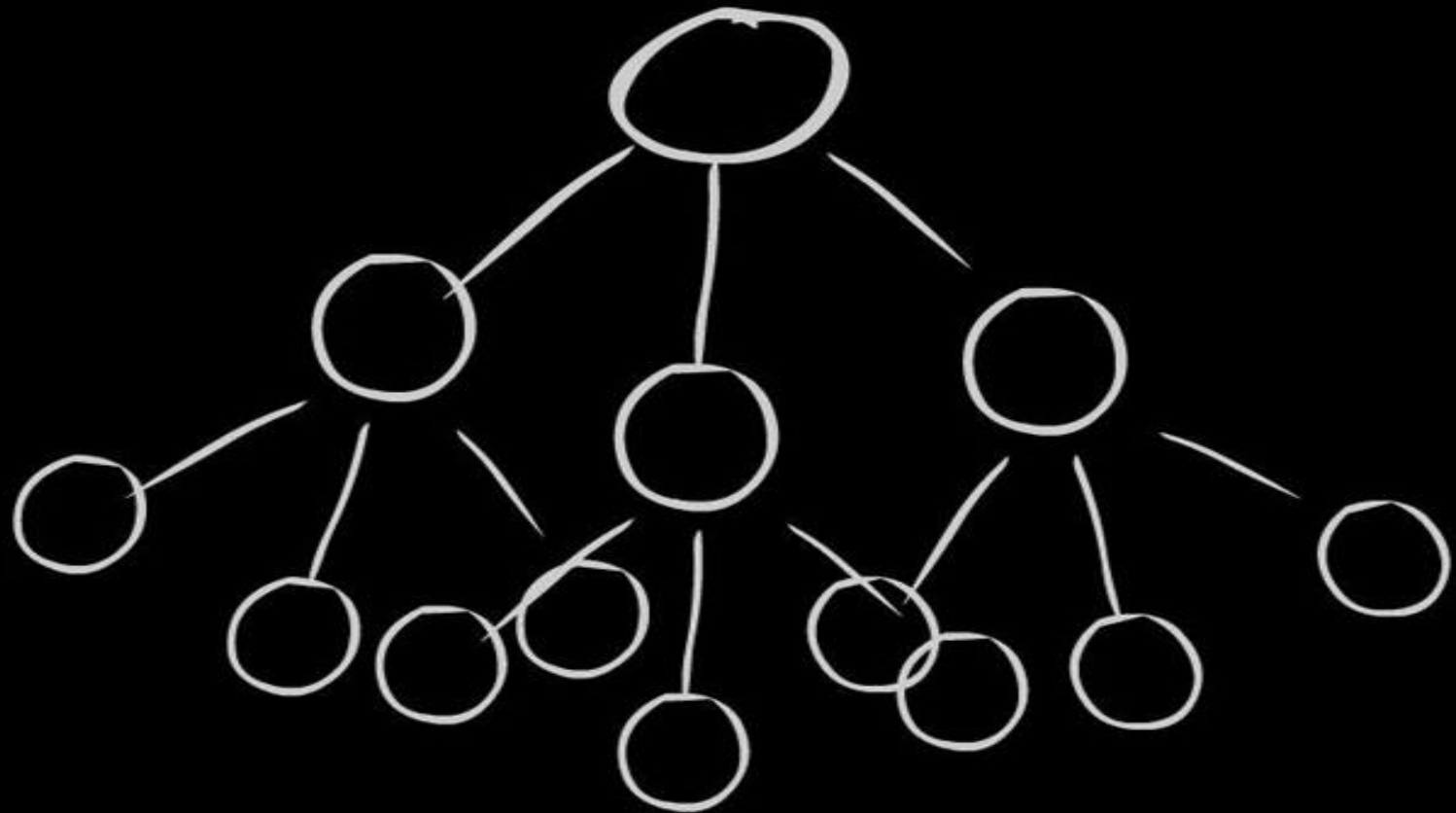


Helping one person might not change the whole world, but it could change the world for one person.

NEVER WORRY ABOUT NUMBERS. HELP ONE PERSON AT A TIME, AND ALWAYS START WITH THE PERSON NEAREST YOU.
~ MOTHER TERESA

Galatians 6:2 *Bear one another's burdens, and so fulfill the law of Christ.*

PAY IT FORWARD



Remembering our CHA values to help others

Honesty

Hope

Respect

Compassion

Forgiveness

Love

**Self
discipline**