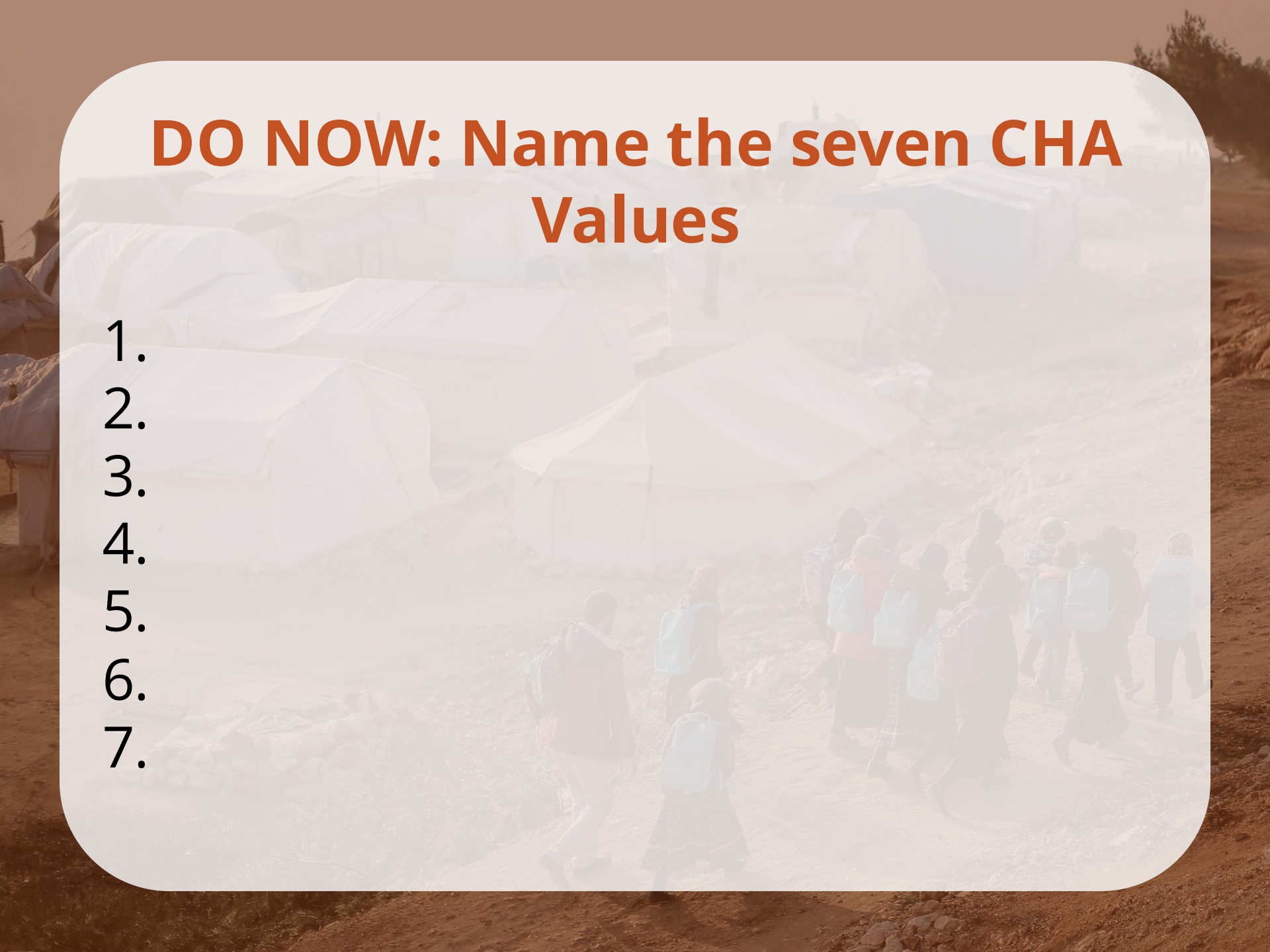




SELF DISCIPLINE:
World Refugee Day

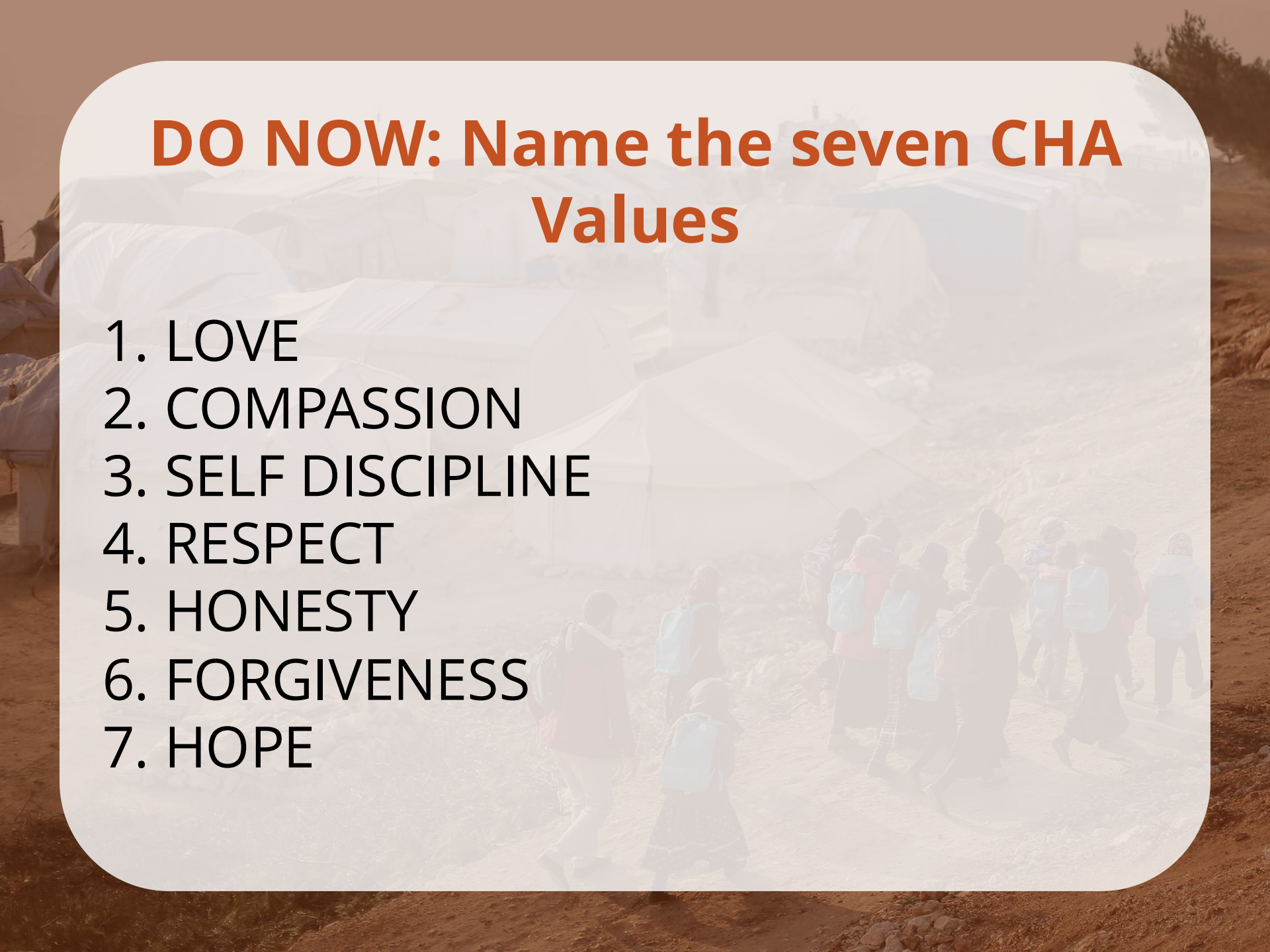
DO NOW: Name the seven CHA Values

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



DO NOW: Name the seven CHA Values

1. LOVE
2. COMPASSION
3. SELF DISCIPLINE
4. RESPECT
5. HONESTY
6. FORGIVENESS
7. HOPE



What Is a Refugee?

What is a refugee?

How do people become refugees?

You have 1 minute

0:00

0:30

1:00

End Timer

What Is a Refugee?

A **refugee** is a person who has been forced to leave their home or country.

This may be because of:

- war,
- famine,
- natural disaster,
- political reasons,
- religious reasons,
- social reasons.

What Is a Refugee?

A refugee may also be known as an **asylum seeker**. An asylum seeker is someone seeking refugee status or protection. An asylum seeker has not yet been legally recognised as a refugee.

Seeking asylum is a human right. This means that anyone has the right to enter another country to seek asylum.

People who seek asylum may or may not have refugee status granted and may not be able to legally remain in the country.



International Protection for Refugees

The **Universal Declaration of Human Rights** provides people with the right to seek asylum if they are at risk from persecution.

The United Nations set up the 1951 Refugee Convention, which sets out how refugees are looked after. This stops countries from forcing refugees to return to a place where they face a risk to their life and freedom.

The convention also means refugees have basic rights, such as:

- food,
- sanitation,
- education,
- work,
- healthcare.

Despite this, resources available to support refugees are limited and may not be available.



What Is World Refugee Day?

The first World Refugee Day was held on 20th June 2001, 50 years after the 1951 Refugee Convention. The day continues to be held annually.

The day aims to:

- raise awareness of refugees;
- understand the experiences and conditions that refugees face;
- celebrate the contributions that refugees have made.

Why do you think that it is important to celebrate the contributions made by refugees?

Why is it important to be aware of the experiences and conditions faced by refugees?

Travelling

Refugees travel however they can find transport. Often, they travel on foot, sometimes for thousands of miles, to seek safety. Their journey may be dangerous.

Crossing mountains, rivers and deserts can cause physical injuries; however, there is also a risk of developing heat stroke or hypothermia from the temperature changes.

Some of the rivers and seas that refugees may cross have strong and unpredictable currents, which also add a risk of drowning.

Refugees may travel alone, in small groups, or in larger groups known as a migrant caravan. Migrant caravan is a term used for groups of people who travel together from one country to another to seek asylum.

In addition to this, refugees are also at risk of becoming victims of violence and traffickers.



Refugee Camps

A **refugee camp** is temporary accommodation for refugees. These may be in the refugee's home country or in a different country. A refugee camp is temporary and only provides basic needs such as shelter, food, water and health care.

The Universal Declaration of Human Rights states that everyone has the right to adequate living conditions, including food, water and shelter.

As refugee camps are temporary, food, water and shelter may be limited. Sanitation, such as toilets and washing facilities, is limited and shared with other members of the camp. Camps are often overcrowded.

Medical treatment and medical supplies will be limited, which means that if a refugee falls ill, then they may not get the support that they need to recover.

Do you think that it would be easy to stay well in a refugee camp?

Refugee Camps

Agencies such as the United Nations and the Red Crescent/Red Cross work within refugee camps to support medical care.

There is limited security within a refugee camp, putting refugees at risk of harm from traffickers and violent crimes.

The world's largest refugee camp is in Cox's Bazar, Bangladesh. The camp received more than 931,000 refugees in 2017,¹ after armed attacks in Myanmar forced Rohingya out of their homes. As of February 2025, over 1 million refugees still live in the camp.²



¹ [Inside The Worlds Five Largest Refugee Camps – UNHCR](#)

² [Cox's Bazar, Bangladesh - UNFPA](#)

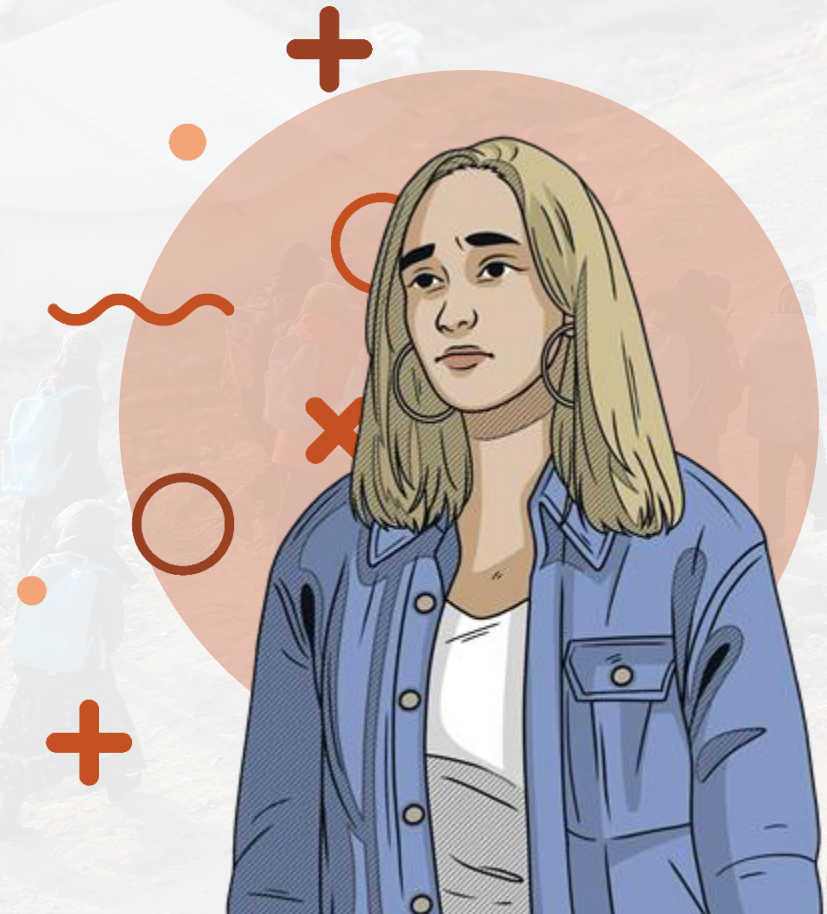
Emotional Impact

Being an asylum seeker or a refugee means that a person has left their home and sometimes their friends and family behind. Emotions are likely to be mixed and may cause long-term mental health issues.

They may experience:

- grief,
- trauma,
- fear,
- uncertainty,
- confusion,
- survivor's guilt.

Asylum seekers may receive emotional and mental health support both in refugee camps and when refugee status has been granted.



How Can You Get Involved?

An **ally** is a person who actively supports the rights of a marginalised group without being a member of that group.

You can become a refugee ally by:

- treating refugees with respect and kindness;
- use translating apps to help to communicate with someone if they do not speak your language;
- talk clearly, not loudly;
- listen to the person's story if they choose to share it;
- help refugees to feel welcomed by explaining how people do things in your culture;
- raise awareness about refugees and the issues faced by refugees;
- support charities that help refugees;
- challenge discrimination and prejudice.



Creative Writing Task: “A Small Act of Welcome”

Imagine you are a refugee student arriving at a new school for the first time. You do not know anyone, the routines are unfamiliar, and you may not fully understand the language.

Write a diary entry, short story, or letter describing:

- how you feel during your first day;
- what worries you might have;
- what makes you feel included or safe;
- one small act of kindness from an ally that makes a big difference.

Try to include at least 3 ideas from the “How to be an ally” slide.

Challenge:

Include descriptive language that helps the reader understand the emotions of the character.



Further Support

For further information about World Refugee Day, you may find the following websites useful:

- **Save the Children** (www.savethechildren.org)
- **UNHCR** (www.unhcr.org)
- **UN** (www.un.org)

