

DofE Expedition Consent and Medical Information Form

DofE Team No. : _____ *(If known)* **DofE Award:** Bronze / Silver / Gold *(Circle one)*

Name of School: _____

Participants Name: _____

Participants Date of Birth: _____

Home Address: _____

_____ **Postcode:** _____

Home Telephone: _____ **Parent Mob:** _____

Email: _____

(Please attach additional information if required for any of the following questions)

Do you have a specific physical medical condition and/or any associated medication you will need to bring?
(If you list medication on here you must bring it with you).

Do you have an educational statement of specific needs?

Do you have a diagnosis of any mental health concerns and/or any associated medication you will need to bring?
(If you list medication on here you must bring it with you).

Additional Medical information

Do you have an additional medical care plan? Yes / No *(Please circle)*
(If yes, please ensure a copy is included with this form).

In Case of an Emergency *(This contact must be available during the expedition)*
Name: _____ **Relationship to participant:** _____

Address: _____

 _____ **Postcode:** _____

Home Telephone: _____ **Mobile:** _____

(If known)
Name of Family Doctor/Surgery: _____ **Tel:** _____

Address: _____

 _____ **Postcode:** _____

Declaration:

I agree to my son/ daughter receiving any emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical professionals present. I will inform OceanRock Adventure Ltd as soon as possible of any changes in medical and/ or other circumstances between now and the commencement of the activities. I understand and agree that OceanRock may take my Son/Daughter's temperature before and throughout the course to safeguard against transmission of COVID 19. If my son/daughter develop symptoms during the course I understand that I will need to collect them as soon as possible and follow current COVID guidance on self isolation.

Statement of Assumed Risk:

Our Instructors are trained and qualified to run activity sessions and will at all times proceed in a manner to limit risk. However, participation in Adventurous Activities carries an element of risk and in signing below you accept that injury and accident may occur.

Whilst every effort has been made to ensure each course/activity is 'COVID secure' participation in Adventurous Activities at this time carries an element of risk of transmission and in signing below you accept that there is a risk of catching the COVID 19 virus on the course/activity.

Photography:

If you **do not** agree to OceanRock Adventure using photos taken on the course for promotional material please

 tick here:
Guardian/Parental signature: _____ **Date:** _____

Print name: _____

COVID 19 - Being COVID Safe

If you have had or develop any of the following symptoms in the last 7 days such as:

- A new continuous cough
- A high temperature
- A loss of, or change in sense of taste or smell

You **must not** attend the course and self-isolate for at least 7 days and follow current Public Health England guidance for COVID 19.

<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance#guidance-for-the-public>

Please note we kindly ask you to adhere to the following to keep all safe:

- All clothing should be freshly washed prior to attending the course/event and again once the course/event finishes.
- Please follow OceanRock Adventure instructors' directions at drop off and pick up from the course.
- Ensure you adhere to your allotted drop off/pick up time and depart the area swiftly to minimise total numbers of people at the site.
- Parents/Carers please stay in your vehicle at the site unless directed otherwise by an OceanRock Adventure instructor.
- I understand that my son/daughter will have to follow hygiene and social distancing recommendations as directed by OceanRock Adventure Instructors throughout the course in order to keep participants and staff safe.
- Please ensure that your son/daughter attends the course with 100-150ml of hand sanitiser as well as sufficient tissues to catch sneezes and coughs.

Failure to follow the guidelines above could make the course unsafe for you, other participants and our instructors, so please help us to keep everyone safe in the outdoors in these challenging times.