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Create, Aspire and Excel
to 'Live life in all its fullness' (John 10:10)

Message from the Principal

Dear Parent & Carers

I wanted to write to you with some key updates related to Covid-19 following the recent Government announcement about Plan B measures in England.

Covid 19 – Changes

Last week, the Government announced that all Plan B measures will shortly be coming to an end. We also received some revised plans from the DfE on what this means for schools. As you are aware, we gave students the option to wear masks in lessons or not as they wished. We fully understand that wearing a mask all day has been difficult and, understandably, most students choose not to wear a mask in lessons.

This coming Thursday the next step from the Government is to no longer make wearing of masks in communal areas mandatory. However, the data from ZOE for the Chilterns area: <https://covid.joinzoe.com/data#interactive-map>, indicates that there is a spike in positive cases. We have over 70 young people currently isolating and this is growing each day. At a meeting on Tuesday with the Headteachers from local schools, they too were reporting increased numbers of students with the virus. It therefore seems eminently sensible for us to maintain our mask wearing in communal areas, for those who are not exempt, for a further week. This action will help to protect our students and staff. We will review the number of positive cases this time next week and will then update you with our plans over mask wearing. Thank you in advance for your support in this matter.

A reminder that we advise families to continue with lateral flow testing at least twice weekly. If you do test positive, please email covidalert@chacademy.co.uk

There is information below as to the updated guidance for returning after a positive PCR test and isolation:

How long you need to self-isolate

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you do not have symptoms) and the next 10 full days. If you get symptoms while you're self-isolating, the 10 days restarts from the day after your symptoms started.

When to stop self-isolating

You can do a rapid lateral flow test from day 5 of your self-isolation period (but not before) and another test the next day. You can stop self-isolating if:

- both tests are negative
- you do not have a high temperature
- [Report your test result](#) after each test.

You should stop testing after you've had 2 negative test results in a row. If you stop self-isolating after 5 full days, it's important that you take steps to reduce the chance of passing COVID-19 to others. This means you should: work from home if you can, wear a face covering in shops, on public transport and when it's hard to stay away from other people – particularly indoors, in crowded places or where there is not much fresh air

limit contact with [people at higher risk of serious illness from COVID-19](#)

follow advice on [how to avoid catching and spreading COVID-19](#)

You can stop self-isolating after the 10 days if either:

- you do not have any symptoms
- you just have a cough or changes to your sense of smell or taste – these can last for weeks after the infection has gone.

You do not need to do any more rapid lateral flow tests after day 10 of your self-isolation period.

When to keep self-isolating after 10 days

If you have a high temperature after the 10 days, or are feeling unwell, keep self-isolating and seek medical advice.

If a member of your family has a positive LF test and they do not have symptoms of the Covid virus, this is now recognised as a need to self-isolate. If there are symptoms, then a PCR test is required:

<https://www.gov.uk/get-coronavirus-test>

Staffing update

We sadly said goodbye to Mr Fraser, Facilities Manager and one of our Counsellors, Mrs Dornin, last week. We are interviewing for these roles this week. On Friday we say goodbye to our Business and Finance Manager, Mrs Carty. I would like to thank these colleagues for their fantastic service to the school and to our community. They have all held vital roles and have led staff and supported students brilliantly. We wish them well in their future roles. This week we have welcomed Mr Kahn, our new Business and Finance Manager. He will, I know, quickly assimilate the wealth of information needed to ensure that the site and financial side of the school remains safe and secure.

The shortlisting for the new Principal takes place this week, with interviews next week on Wednesday and Thursday. We will update you as soon as there is news of an appointment. This is certainly going to be very competitive as there were some excellent prospective candidates visiting the school last week prior to applying for the role.

Parent Forum - Wednesday 2 February, 6.30pm

A reminder that you are most welcome to join me for the Parent Forum meeting in the main atrium to talk through ideas or questions that you might have in relation to any school matter. We will ensure that there is social distancing and good ventilation in place for this meeting.

It is getting colder!

Should we have a snow or another incident whereby we are unable to open the school, we will announce this via the CHA website and the Local Authority Portal: <https://closures.buckscc.gov.uk>. Under these circumstances, please do

ensure that your child/ren are able to access Microsoft Teams and their school email account. Please do test this for any issues before it is needed in reality. Support can be found by emailing: ictsupport@chacademy.co.uk

Dates for the Diary

Date	Event	Email address
27 January	Y8 Options Evening (GCSE), 6.15 to 8.00pm	agriffiths@chacademy.co.uk
28 January	Y7 workshop with author Ross Welford	agraham@chacademy.co.uk
31 January-4 February	Y8 Straw Poll (Options)	agriffiths@chacademy.co.uk
2 February	Parent Forum, 6.30 to 7.30pm	wsanders@chacademy.co.uk
3 February	UKMT - Y9, Y10, Y11 Maths Challenge	rvaddiraju@chacademy.co.uk
3 February	Y11 National Citizen Service talk, 1.00 to 1.30pm	ahemsworth@chacademy.co.uk
7-11 February	Sixth Form external interviews	lharman@chacademy.co.uk
8 February	CHA-PTA meeting, 7.00 to 8.00pm	chapta@chacademy.co.uk

Parent Voice

Effective and informative communication between school, its students and parents/carers is key to school life. Currently, Chiltern Hills Academy communicates to parents and students in various ways such as through the newsletter, the website, texts and emails, on some social media platforms, parents evenings/forums and directly from staff and teachers. I would like to invite you to share your experiences and suggestions about how CHA communicates with you. The following questions may help with your feedback;

- How happy are you with the communication from school?
- What are your experiences of communicating with school and was this handled effectively?
- Do you feel informed and able to contact school when needed?

Please do email your feedback and suggestions to cmastrorilli@chacademy.co.uk

Also if you would like to join my Parent Voice WhatsApp group for future feedback, please email me with your mobile number.

Thank you.

Mrs Caroline Mastrorilli
Parent Governor

Safeguarding

Samaritans support for parents

Managing Emotional Health

Emotional health is about the way we think and feel, and the ability to cope with difficult things in life. The changes and challenges of the teenage years can make this a particularly difficult time for our young people. The Samaritans have created a useful guide for parents to help them support their children during adolescence.

<https://www.samaritans.org/how-we-can-help/schools/parents-and-carers/>

Student of the Month - December/January

Student of the Month December/January				
Daisy	Sears	Y7	ZEC	For excellent work in Food Technology
Sophia	Sanga	Y8	DAO	For being a responsible member of Form 8DAO
Joe	Adderley	Y9	SAM	For achieving KS4 target in History
Modou	Fofana	Y10	SAS	For trying his best and determination to succeed in Science
Fizan	Tanveer	Y11	JEC	For his positive attitude to learning in Mathematics
Abbie	Clark	Y12	CLR	For continued diligence in Business
Aqsa	Butt	Y13	AMC	For determination to succeed in Sociology
Student of the Month December/January - Design/Performing Arts				
Libby	Osman-Duffin	Y7	JEK	For her effort and contributions in Dance
Yee	Wong	Y8	JAD	For going above and beyond in Drama
Jack	Thorne	Y9	RHM	For diligence and hard work in Drama
Nathaniel	Yeboah	Y10	SEC	For a high standard of work in Design and Technology
Joe	Collins	Y11	ALP	For fantastic written work in Drama
Charlotte	Palmer	Y12	GAU	For a high standard of work in Drama
Nicole	Western	Y13	AMC	For consistently high quality images in Photography

CHA – PTA News

Quiz Night - Saturday 12 March

This is the first quiz of the year under the leadership of Simon Pinnell. You will know that this is not a night to be missed. Tickets are available on ParentPay; £5 for adults and £3 for children. Due to the popularity of our last quiz, we suggest you buy early via ParentPay to ensure your table. Bring your own refreshments. There will be a raffle and the return of the ever popular, “Heads and Tails”. See you there!

Spring Fayre - Sunday 20 March

Following the success of our Winter Fayre, our Spring Fayre will be just as busy, but maybe a little warmer! The perfect place to buy a gift for Mother’s Day and Easter or maybe just something gorgeous for yourself. We have already had substantial interest from stall holders who did not attend last time, so it is definitely a date for your diary. There will be a raffle and refreshments will be available. Please email the PTA direct if you would like to book a stall and showcase your skills.

Volunteers

Thank you so much to those of you who have already put your name forward to help at events – it is really appreciated and quite wonderful to know that there are parents who we can call on for extra assistance when needed.

If you would like to be involved in events but on a more casual basis than joining the PTA itself, then please email us with your name and mobile number and Naomi will add you to her Whatsapp group and put out requests as and when required. We would like to have more helpers and it's a really good way to feel part of the wider school community.

Looking forward to hearing from you.

Mrs Sarah Webb
Chair
chapta@chacademy.co.uk

PE – Extra Curricular

PE Good News:

Congratulations to the Year 7 Girls Netball Team who won their match against Holmer Green, winning 8 -2. A fantastic result!

Extra-Curricular:

Monday: Year 7, 8 and 9 Girls' Football
Year 9, 10 and 11 Girls' Netball
Year 9 and 10 Boys' Football

Wednesday: Year 7 and 8 Girls' Netball
Year 7 and 8 Boys' Football

Thursday: Year 10 and 11 Girls' Football

Netball Fixtures:

Monday 31 January: Year 10 & 11 Netball vs Chesham Grammar [A] (No netball training for Y9-11)
Monday 7 February: Year 10 Netball vs Misbourne [A] (No netball training for Y9-11)
Thursday 10 February: Year 9 Netball vs St Marys [A]

Netball training will also **not** be held on Wednesday 26 January [Y7 & 8] or Wednesday 16 February [Y7 & 8] (Subject to change).

PE Uniform:

This term we are focusing on PE kit to ensure every student wears the correct uniform on their PE days. Below is a reminder of what is acceptable clothing based on our PE kit policy:

Black joggings bottoms/shorts/skort/leggings
CHA T-shirt
White/black long-sleeved top which can be worn under the CHA T-shirt
CHA jumper or a plain black sweatshirt
Trainers [Some students require football boots]

Failure to wear the correct PE uniform will result in your child receiving a consequence.

Consequences:

B2: First time - 10 minute detention.
B3: Second time - 60 minute detention [with class teacher].
B4: Third time - 60 minute detention [with Principal].
Fourth time - Parent meeting with Curriculum Leader and PE report

If you have any questions or queries, please email me.

Miss C Passmore
Curriculum Leader, PE
cpassmore@chacademy.co.uk

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A Church of England Academy



Feeling Clever...?



SATURDAY 12TH MARCH 2022

Family
QUIZ
NIGHT

A large, colorful graphic consisting of numerous thin, multi-colored lines radiating outwards from a central point, creating a starburst or explosion effect. The lines are in various colors including blue, green, yellow, purple, and pink.

INCLUDING RAFFLE AND HEADS & TAILS

PLEASE BRING YOUR OWN BOTTLES & REFRESHMENTS

DOORS OPEN 7:00 for 7:30

£5 per adult

£3 per student

MAXIMUM OF 8 PER TEAM

Please wear a mask if you would like to

Sunday 20th March

*Spring
Craft Fayre*

10:30 – 15:00 Free Admission

craft stalls

Easter raffle

refreshments

at Chiltern Hills Academy

Interested in holding a stall?

Email chapta@chacademy.co.uk for further details



Buckinghamshire Family Learning

Are you worried about your child's well-being?
Are they anxious or stressed?

Would you like to help your child build confidence and resilience, and have positive relationships?

Supporting your child's well-being for KS3 parents

If your child is in Years 7, 8 or 9 then our FREE online workshops could be for you.

Help your child build Confidence and Resilience:

Monday 24th January 12.30-2.30pm [Help your Child build Confidence and Resilience](#)

Support your child's well-being (coping with anxiety and stress):

Monday 31st January 12.30-2.30pm [Support your Child's Well-Being](#)

Help your child build Positive Relationships:

Monday 7th February 12.30-2.30pm [Positive relationships](#)

To book your place, please visit:

Use the links above or phone 01296 383582

For more information contact Mandy on 07825 862029



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