

DANCE

Research the choreographers in the list below to support your learning throughout Year 12. Find out about their career, their works and their companies.

Any research or watching of their works will strengthen your knowledge and allow you to develop as a dancer and choreographer in preparation for September.

- Bob Fosse
- Christopher Bruce
- Akram Khan
- Sidi Larbi Cherkaoui.
- Matthew Bourne

Continue to develop and strengthen your technique. Try to undertake at least 3 hours of physical activity a week and 1 hours' worth of stretching. There are lots of Instagram and YouTube videos, both HIIT sessions and dance classes that are available online and are free.