

Cambridge Technical Level 2 Health and Social Care

Person Centred Care and The 6 C's for Health and Social Care

Person centred care is important when providing care for any age service user, which you will read more about by following the link below. The 6 Cs are a set of values required by all patient-facing health and social care staff. This includes not only registered healthcare professionals, but also clinical support staff and non-clinical staff who may come into contact with patients or members of the public.

✓ Care

Care is our core business and that of our organisations; and the care we deliver helps the individual person and improves the health of the whole community.

Caring defines us and our work. People receiving care expect it to be right for them consistently throughout every stage of their life.

✓ Compassion

Compassion is how care is given through relationships based on empathy, respect and dignity.

It can also be described as intelligent kindness and is central to how people perceive their care.

✓ Competence

Competence means all those in caring roles must have the ability to understand an individual's health and social needs.

It is also about having the expertise, clinical and technical knowledge to deliver effective care and treatments based on research and evidence.

✓ Communication

Communication is central to successful caring relationships and to effective team working. Listening is as important as what we say. It is essential for 'No decision without me'.

Communication is the key to a good workplace with benefits for those in our care and staff alike.

✓ Courage

Courage enables us to do the right thing for the people we care for, to speak up when we have concerns.

It means we have the personal strength and vision to innovate and to embrace new ways of working.

✓ Commitment

A commitment to our patients and populations is a cornerstone of what we do. We need to build on our commitment to improve the care and experience of our patients.

We need to take action to make this vision and strategy a reality for all and meet the health and social care challenges ahead.

www.england.nhs.uk

Read the Person Centred Care Made Simple:

https://www.health.org.uk/sites/default/files/PersonCentredCareMadeSimple_0.pdf

Your Task

Part 1 – Person Centred Care

Write an essay explaining what is meant by person centred care and the impact of this on service users. Also describe the benefits and barriers of person centre care. Justify why it is important for health and social care workers to demonstrate person-centred values throughout their working practice.

Part 2 – Summarise the 6C's

Write an essay defining the 6C's health and social care professionals should have. Explain and describe the importance of these for professionals working in the health and social care industry and the impact these have on service users. Think about when you have been cared for by health and social care professionals, what skills, attributes and qualities did you notice and how did these make you feel?