Issue 9
6 November 2023

Newsletter

CHILTERN HILLS ACADEMY

Create, Aspire and Excel
to 'Live life in all its fullness' (John 10:10)

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Message from the Acting Principal

We are certainly well into Autumn now and this was confirmed by the fantastic Winter Fayre that was held at Chiltern Hills Academy on Sunday. There were over 70 stalls, food being sold and music being played. The school was buzzing with life on a Sunday afternoon and once again our PTA has done an amazing job in supporting the school and raising money to support the students with their education. I would like to thank the members of the PTA and friends of Chiltern Hills Academy who give up their time so willingly to help out at these events.

It is a very busy time at the school. We have the second week of the Year 11 and 13 Mock Examinations this week. The students are once again working hard to achieve the best grades they can to help them prepare for their examinations in the summer term of 2024. The Year 13 Geographers are going on a field trip to Essex today to study the coastline and settlement developments over the next 5 days. Fund raising is also beginning, to raise money for the 60 students who are going on the World Challenge trip to Eswatini in the summer of 2024. This is such an amazing opportunity for all these students and staff to take part in and raising the money to go is all part of the experience.

This Friday we will have a Remembrance PowerPoint and a 2-minute silence to remember those who have lost their lives in wars around the world. We particularly hope for peace in all parts of the world. This week we have been discussing Remembrance as part of our Thought for Chiltern Hills Academy and I have delivered assemblies on Remembrance to all year groups.

Next Friday we will have a non-school uniform day as part of the Children in Need Day. Students and staff will be able to come to school in appropriate, non-school uniform and will be asked to donate £1.00 for the privilege. All the money that is raised will go towards the Children in Need charity. I am sure you will discuss this with you child at home and help us to have a successful day next Friday.

I would also like to inform you that after 3 days with our phone lines down Open Reach have now repaired the fault and we are able to use our phone lines again. Can I once again ask you to feel free to contact me at the school with any questions or to communicate about any issues. You can contact me at: office@chacademy.co.uk

Mr T Dobbs

Dates for the Diary

Date	Event
13 November	Y10 (54 students) KPMG work experience in London
15 November	Y12/Y13 (11 students) Advertising Unlocked WEX - London
17 November	Children in Need – Non-Uniform day
22 November	Y11 (50 students) trip to Reading University
24 November	Media (28 students) to Pinewood studios
24 November	Student Quiz night (fundraising for World Challenge), 3.45 to 5.00pm
25 November	PTA Family Quiz Night Doors open at 7.00 for 7.30pm
27 November	Y11 (50 students) trip to Reading University
29 November	Y11 (60 students) trip to Bucks New University
30 November	Y11 Parents' Evening, 4.00 to 7.00pm
5 December	CHA-PTA meeting, 7.00 to 8.00pm
6 December	Y9 (50 students) Futures Day at Bucks New University
7 December	Sixth Form Open Evening, 6.00 to 730pm

Safeguarding

Eating Disorders
Eating disorders are problems that affect a person's eating behaviours as well as their attitudes and feelings about food - and about their body. Eating disorders affect a person's mental health and can cause serious harm to a person's physical health.

Many people have a stage in their life when they have a complicated relationship with food and/or exercise. Below is a link to the NHS website and information to BEAT Eating Disorders, which has some advice on how parents can support their children at such times:

https://www.beateatingdisorders.org.uk/get-information-and-support/get-help-for-myself/i-need-support-now/helplines/
https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/behaviours/eating-disorders/advice-for-parents/

There is lots of help for children and parents who may be concerned that this is beckoning an emerging concern. The link below is available for children of different ages who may need help and support navigating this challenging issue as well as supporting children who have general eating, weight and body shape concerns.
https://kidshelpline.com.au/tools/apps/recovery-record

Mrs J Conway
Vice Principal
Executive Safeguarding Lead

Food Bank Donations

Food Bank Donations

Thank you so much for your donations to the food bank for our Harvest before half term. As you can see from the photo, as a school we collectively managed to gather lots of donations for families in need. We (and the food bank) appreciate your support as this shows the impact we can have when we work together.

Mrs C Anning
Assistant Vice Principal - Behaviour

Philosophy, Religion and Ethics Speaker

On Friday 20th October we welcomed a visiting speaker from St Mary's called Nate Morgan Locke. Nate is a writer, speaker and film maker who explores Christian faith through the lens of observing life. He reflects upon how we often search for meaning through being the 'rebel' and 'going against the flow' and how we can, ultimately, find a more meaningful way forward.

Ms S Davies
Curriculum Leader for Sociology

Dance Club

From this week there will be new Dance Clubs starting in the Dance Department. These clubs are open to all students. You are invited to come along to a club to learn something new and improve your dance skills!

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Y7 DANCE CLUB Miss Forssling & Y11 Students		Y8 DANCE CLUB Miss Bale & 6th Form Students		
After School		KS4 GBDO Rehearsals Miss Bale & Miss Forssling	KS4 Company Rehearsals (Y9, 10 &11) Miss Bale	KS3 Company Rehearsals (Y7&8) Miss Bale	

Miss E Bale
Teacher of Dance

Food Technology Christmas Workshop

Preparing for the festive season ahead, the Food Technology department are running a Christmas Cake Workshop over three days. Participants will be learning and applying skills to create personalised Christmas Cakes, using traditional methods, which serve approximately 2 - 4 people. All ingredients needed will be provided for participants, plus a Christmas cake recipe booklet to take away, enabling you to make these again at home with friends and family for years to come!

Participants MUST be available for all 3 sessions to be able to successfully complete their personalised Christmas cake. (Y7 applicants will attend the workshop in place of enrichment on Tuesday 5 December 2023). All details can be found on the poster at the end of this newsletter with a QR code to sign up. If you have any questions, please see Miss Rowan.

Miss Rowan
Teacher of Food Technology

Interact Club

The Interact Club are arranging a collection of winter coats for people who are experiencing severe winters around the world and are not able to access sufficient clothing for themselves. This is in partnership with the Rotary Club in Chesham and WrapUp, which is a charity that delivers the coats. The Interact Club will collect any coats that are no longer used on Tuesday 21 November 2023 from form tutors.

Please have a look in your houses for old/unused coats and send them in with students. Form tutors can then collect them up.

Mr S Driscoll
The CHA Interact Club

Sport at CHA

This week we held two in-house boys football friendlies - in Y7 Mr Muddiman's Team took on Mr Callender's team, and in Y8 Mr Sperring's Team faced Mr Muddiman's team.

The Y7 game was hotly contested throughout, finishing 3-3 and the teams only separated by penalties - the students were a credit to the academy.

The Y8 game was also played in good spirit, with a close first half which saw Mr Sperring's team lead 1-0. In the second half Mr Sperring's team dominated throughout, pulling away to a 5-0 win. It was great to see so many students representing the academy in our two boys football kits.

Thank you again to Specsavers Chesham and RMC Equipment for sponsoring us, which allows events like these to happen and has an amazing impact on our students. If you own a business, or know someone that does, and would like to get involved with sponsoring one of our teams then please email me at gmuddiman@chacademy.co.uk

Mr G Muddiman
Teacher of PE

Careers Update

Year 8

Last week some of our Y8 students visited Somerville College, part of Oxford University. It was a fantastic opportunity to raise student aspirations and give them a taste of university life. Somerville College was originally created for women only, when universities refused them entry, and remained an all-female college until 1992. Now Somerville female and male students represent the world, and many go on to change that world too.

There are many famous alumni from Somerville including:

- Margaret Thatcher, Prime Minister of the UK
- Marjorie Bolton, British author and poet (taught by C.S Lewis and J.R.R Tolkein)
- Indira Gandhi, Prime Minister of India
- Dorothy Hodgkin, Nobel Prize winning scientist
- Esther Rantzen, TV personality

When the students arrived, they were given a talk on 'Why University' and 'Why Oxford?' and had a guided tour of the college. Afterwards, lunch was served in the vast dining hall, then the students had a walking tour of Oxford to see St John's. The last stop was the Museum where the students took part in a mini workshop. It was an incredibly inspiring day which the students thoroughly enjoyed.

"I didn't want to go to Oxford before but now I've completely changed my mind" Ida

"The trip was amazing. I loved seeing all the intricate buildings everywhere. There was a positive environment, and I thought the pollution bubbles were very interesting" Izzy

"Our trip to Oxford University was fun. The architecture was beautiful and intricate. My favourite part was the guided tours and the pods representing pollution of 5 different cities" Sammi & James

"We visited the old library and learned about its history dating back to King Charles 1. It was a wonderful day" Lacey & Aneesa

Year 11

We are planning a visit to George Browns Chesham (Agricultural Machinery and equipment specialists) who offer Apprenticeships to Y11 school leavers. George Browns has been established since 1830 and more information about the company can be found at https://georgebrowns.co.uk/

The half day visit will include a tour of the site, information about apprenticeships, seeing some of the mechanics at work and some staged, safe, working examples of problems to fix to get hands on experience.

Y11 students will be emailed a form this week, which is to be completed if interested in this work experience opportunity.

Mrs A Hemsworth
Careers Leader

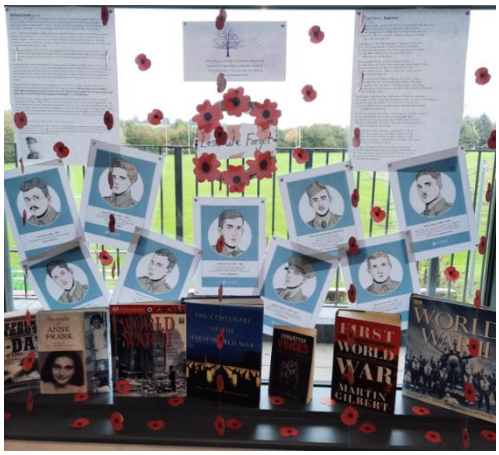
Library Update

The Bookbuzz books have arrived! Now the fun begins, each child will receive a race card from their English teacher. The idea is to read the types of books suggested on the card to win merits. This will be going on for a few months, so the children can win many merits for themselves and their forms. There will eventually be a winning form in Y7 and Y8 (one with most merits and books read) and then we will see who wins between Y7 and Y8!

The Poetry Evening of Excellence is rapidly approaching at 6.00pm on 6 December in the library. I have had some lovely entries in already, so please do encourage your child to write a poem on any topic related to the Autumn term and submit it to me in the library or email it to chalibrary@chacademy.co.uk The deadline is Friday 17 November to allow time to judge the poems.

This weekend is Remembrance Sunday (Armistice Day) and there is a lovely display in the library focusing on the poets of World War 1.

"They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them."
For the Fallen
BY LAURENCE BINYON



Mrs K Davenport
Librarian

Feeling Clever...?

CHILTERN HILLS ACADEMY | P.T.A

SATURDAY 25th NOVEMBER 2023

Family QUIZ NIGHT

INCLUDING RAFFLE AND HEADS & TAILS

PLEASE BRING YOUR OWN BOTTLES & REFRESHMENTS

DOORS OPEN 7:00 for 7:30

£5 per adult £3 per student

MAXIMUM OF 8 PER TEAM

Please wear a mask if you would like to

Friday 24th November

3:45–5:30pm

In the main hall

Tickets £3 per person (cash or card)

Max 8 per team

Student Quiz Night!

Sweet treats available to buy (cash or card)

All money raised is going towards the World Challenge trip to eSwatini 2024

CHA Festive Food Competition 2023

To enter bring your festive food creation to 0C8 on Thursday 7th December 2023 before AM Registration!

Remember to include a named ingredients list

No NUTS or NUT BASED products can be included!

Any questions, please see Miss Rowan

Good Luck!

Examples

Cake Workshop Week 2023

Over three consecutive days, participants will be learning and applying skills to create personalised Christmas Cakes, using traditional methods, which serve approximately 2 - 4 people. All ingredients needed, will be provided for participants, plus a Christmas cake recipe booklet to take away, enabling you to make these again at home with friends and family for years to come!

Participants **MUST** be available for all 3 sessions to be able to successfully complete their personalised Christmas cake. (Y7 applicants will attend the workshop in place of enrichment on Tuesday 5 December 2023)

Overview of Workshop Week

Day One (Monday 4 December)	Making and baking our traditional fruit cakes
Day Two (Tuesday 5 December)	Making nut-free marzipan and coating our cakes
Day Three (Wednesday 6 December)	Making Royal Icing and decorating our cakes, including fondant icing work.

Workshop Information

Dates Monday 4 Tuesday 5 and Wednesday 6 December 2023
Times 3.30 to 4.30pm in 0C8 with Miss Rowan
Cost £8.00 (Once your place is confirmed by Miss Rowan, you will be invited to pay for the workshop via Parent Pay.)

Dietary Guidance: Suitable for Vegetarians (*Dairy Free and Gluten Free ingredients available upon request)

This workshop is open to all year groups at Chiltern Hills Academy, including Sixth Form! Places are limited to 30 for this workshop, which will be offered on a first come first serve basis. However, if there is enough interest we will look at running additional workshop weeks!

To apply for your place please follow the web link below or scan the QR Code.
https://forms.office.com/e/phg4UWgJmG

Application Deadline: Monday 20 November 2023