

## Year 10 Put Through Their Paces by the British Army

Last Friday, the entire Year 10 cohort took part in an action-packed Military Activity Day, delivered by the British Army. The sessions were designed to be both educational and hands-on, giving students a unique insight into Army life while developing valuable personal and team building skills.

The day began with an introduction to the wide range of full-time and part-time roles within the Army, helping students explore the many career pathways available—far beyond the traditional image of a soldier. From logistics and engineering to medical roles and cyber operations, the session showcased the diversity of careers in the armed forces.

Students then took on a series of military-themed challenges, carefully designed to stretch their abilities and develop key life skills such as problem-solving, communication, resilience, and teamwork. Working in groups, they faced practical tasks and puzzles that required them to think fast, adapt under pressure, and collaborate effectively.



The day was a great success, encouraging students to discover new strengths and develop confidence, leadership, and perseverance—skills that will serve them well in school and beyond.

We are grateful to the British Army for delivering such an engaging and empowering experience.

