

## Year 11 into Year 12 AQA A Level Psychology

### Summer Work 2025 – Exploring Mental Health and Key Studies

#### Task Overview

**This bridging task will introduce you to the history of mental health and some of the most important psychology studies you'll explore in Year 12.**

#### Part 1: Mental Health Through History

Title:

How Has the Treatment of Mentally Ill People Changed Since the 1700s?

Instructions:

Research how people with mental illness were treated in the past and compare it with today.

Answer these questions:

What were common beliefs about mental illness in the 1700s and 1800s?

What kinds of treatments or institutions were used?

What changed in the 1900s and 2000s?

How do we now treat and support mental health?

Why did things change? (Think: science, education, laws, rights, media)

Output:

Choose one of the following formats:

A short written report (300–500 words)

A visual timeline or poster (with clear labels and explanations)

#### Part 2: Psychology in Action – Classic Studies

**Choose TWO of the following famous studies:**

John Bowlby – 44 Thieves Study

Albert Bandura – Bobo Doll Experiment

David Rosenhan – “Being Sane in Insane Places”

Watson & Rayner – Little Albert Experiment

For each study, answer:

What was the aim of the study?

What did the researchers do?

What were the key findings?

Why is the study important today?

Output:

Choose one of the following formats:

Two short written summaries (150–200 words each)

Two fact sheets or slides (1 page or slide per study)

 Checklist for Success:

Clear, neat presentation

Use your own words

Include all required points

Show enthusiasm and interest

 Deadline:

Bring your completed work to your first A Level Psychology lesson in September 2025.

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