

## **PHYSICAL EDUCATION**

Examination questions ask for examples from a variety of sports. In order to broaden your knowledge of the range of sports available, please prepare a fact sheet for five sports of your choice from the following list: football, rugby, tennis, athletics, cycling, netball, American football, ice hockey, baseball, basketball, gymnastics, rowing, golf, cricket.

Each fact sheet should include the following information:

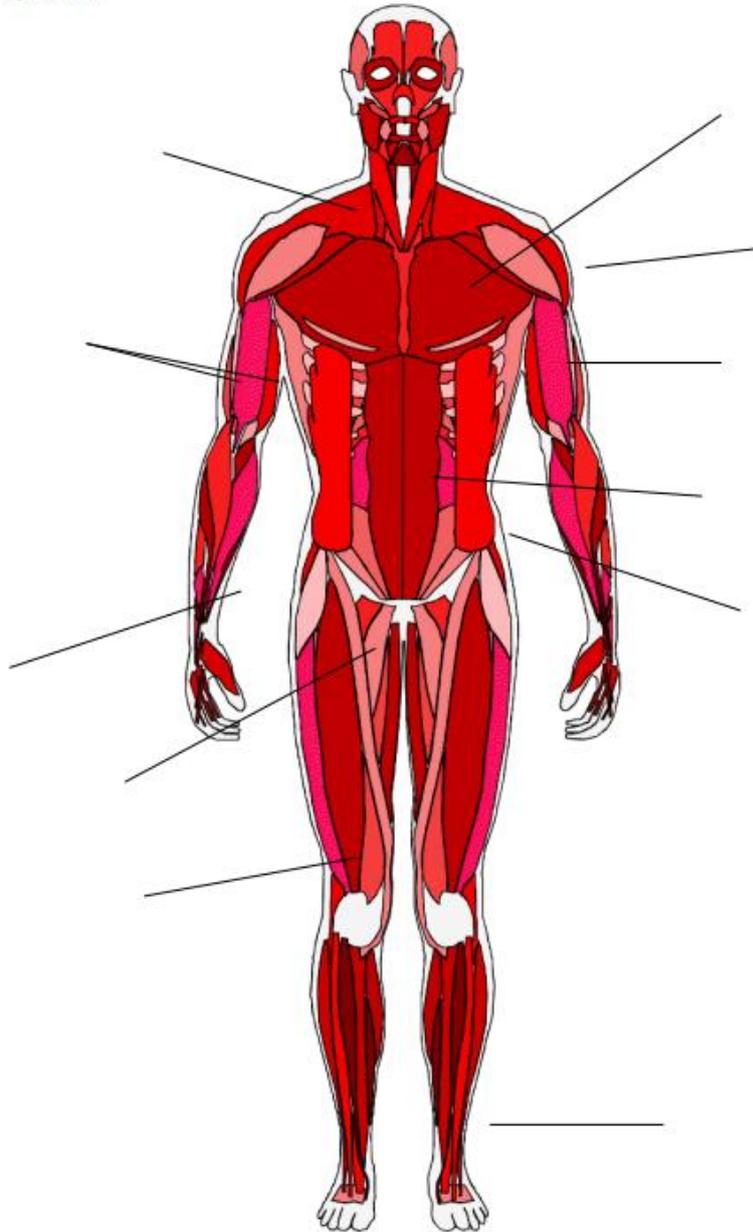
- History of the sport (date the National Governing Body was formed, development of the game, which country invented it)
- Examples of countries in the world that are good at that sport
- Examples of famous places where that sport takes place (i.e. stadiums)
- Examples of famous people that take compete in that sport
- Examples of infamous incidents (i.e. drugs cheats, crowd trouble, match fixing, )
- Examples of sponsorship deals within that sport
- Examples of technology that can be used within that sport (i.e. hawkeye, VAR, aerodynamic cycling helmets).

Please complete 1-2 sides of typed information per sport, remembering to include pictures to illustrate your facts. Please bring with you to your first lesson.

Now complete the diagrams on the following pages.

Year 12 AS Anatomy and Physiology  
The Muscular System - Anterior (Front)View

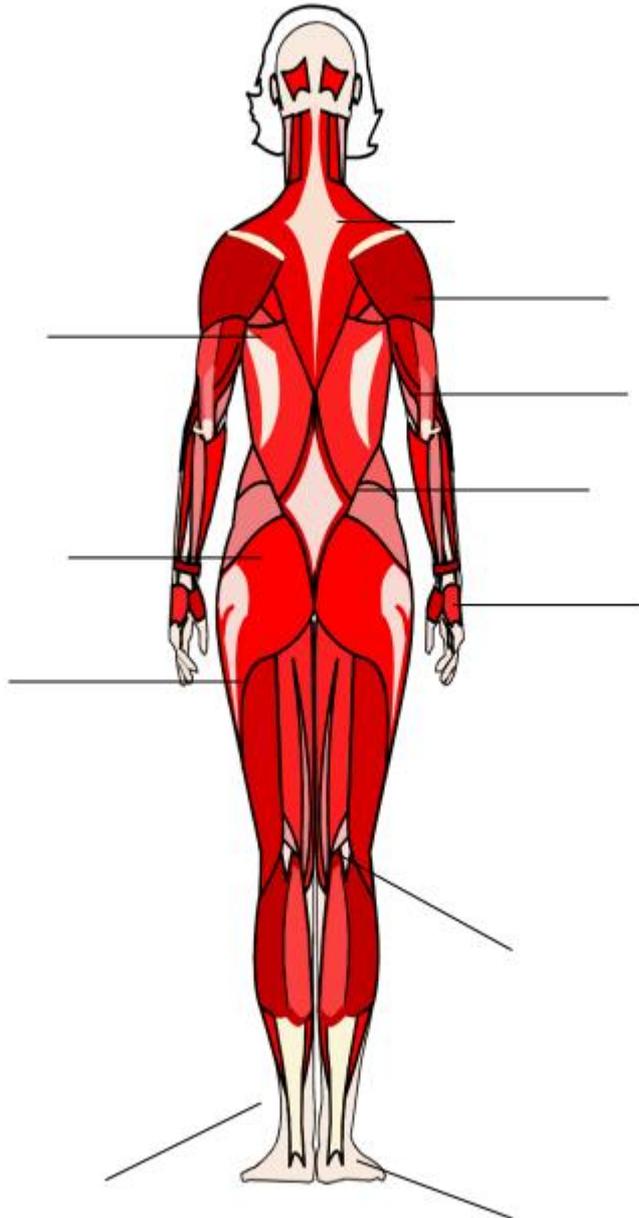
Label the muscles as indicated in the diagram below. Please bring with you to your PE lesson in September.



Year 12 AS Anatomy and Physiology

The Muscular System - Posterior (Back) View

Label the muscles as indicated in the diagram below. Please bring with you to your PE lesson in September.



Try to label the bones with boxes next to the number only. Please bring to your first PE lesson in September.

