

# ONE DAY IN LOCKDOWN

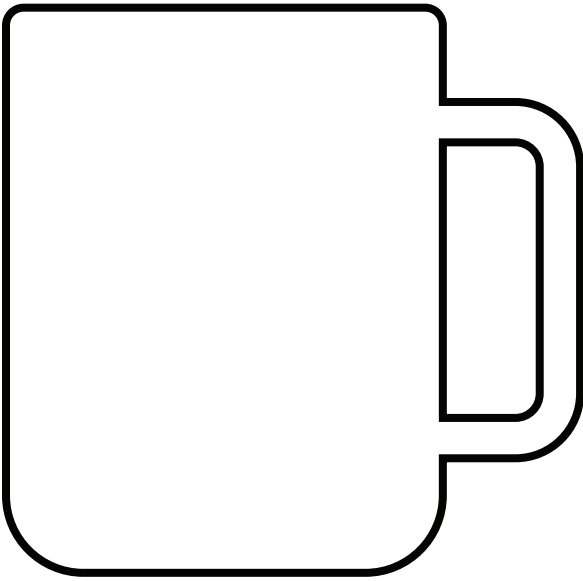
## MAY 2020

Mental Health  
Foundation

Y Sefydliad  
Iechyd Meddwl

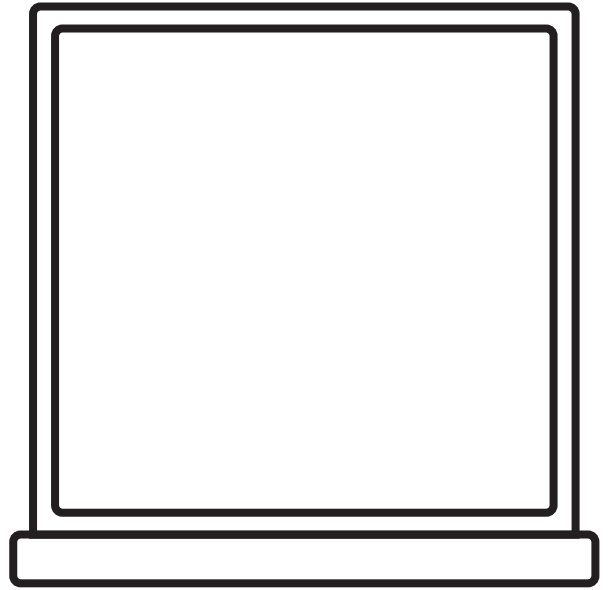
### CUP

Decorate this cup like the one you have a drink out of.



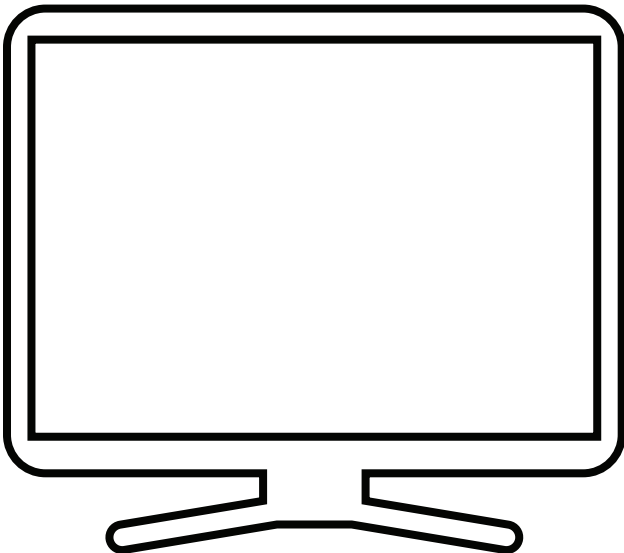
### VIEW

Draw what you can see out of your window.



### SCREEN

What have you been watching?



### PLATE

Draw or write what you have been eating.

